

Under The Mango Tree (芒果樹下) (zh)

COPPER KNOB
BY STEPHEN T. S.

拍数: 32
编舞者: Cato Larsen (NOR) - 2010年09月
音乐: Under The Mango Tree - Tim Tim

墙数: 4

级数: Beginner



前奏: Intro: Start the dance at the vocals after 16 counts. (6 seconds). 16拍(約6秒)後唱歌起跳

第一段 Forward, Touch & Clap, Back, Touch & Clap, 1/2 Turn Right & Repeat.

前踏 併點(拍手), 後踏 併點(拍手), 1/2 重覆一次

- 1,2 Step forward on right (1), Touch left toe next to right & Clap (2). 12:00 右足前踏, 左足趾併點(拍手)
- 3,4 Step back on left (3), Touch right toe next to left & Clap (4).
左足後踏, 右足趾併點(拍手)
- 5,6 Pivot ½ turn right Stepping forward on right (5), Touch left toe next to right & Clap (6). 6:00
右轉180度右足前踏, 左足趾併點(拍手)(面向6點鐘)
- 7,8 Step back on left (7), Touch right toe next to left & Clap (8).
左足後踏, 右足趾併點(拍手)

第二段 Side, Kick, Behind, Side Right, Side Left, Kick, Behind, Side.

右踢後右, 左踢後左

- 1,2 Step right to right side (1), Kick left foot diagonally forward left (2). 右足右踏, 左足左斜前踢
- 3,4 Cross left behind right (3), Step right to right side (4).
左足於右足後交叉踏, 右足右踏
- 5,6 Step left slightly left side (5), Kick right foot diagonally forward right (6). 左足略左踏, 右足右斜前踢
- 7,8 Cross right behind left (7), Step left to left side (8).
右足於左足後交叉踏, 左足左踏

第三段 Slow Walk Forward, Step, 1/4 Turn, Step, 1/4 Turn.

走候走候, 踏 1/4 踏 1/4

- 1,2 Step forward right (1), Hold (2). 右足前踏, 候
- 3,4 Step forward left (3), Hold (4). 左足前踏, 候
- 5,6 Step forward right (5), Pivot ¼ turn left (6). 3:00
右足前踏, 左軸轉90度(面向3點鐘)
- 7,8 Step forward right (7), Pivot ¼ turn left (8). 12:00
右足前踏, 左軸轉90度(面向12點鐘)

第四段 Forward Rock, 1/4 Turn Into Side Rock, Together. Forward Rock Step, Together. 下沉回復, 1/4 右曼波, 前曼波

- 1,2 Step forward on right (1), Rock (recover) back again onto left (2).
右足前下沉, 左足回復
- 3 Pivot ¼ turn right Stepping right to right side (3). 3:00
右軸轉90度右足右下沉(面向3點鐘)
- 4,5 Rock (recover) weight back again onto left (4), Step right next to left (5). 左足回復, 右足併踏
- 6-8 Step forward on left (6), Rock (recover) weight back again onto right (7), Step left next to right (8).
左足前下沉, 右足回復, 左足併踏