

Hold Back The River

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Debbie Reinholtd (AUS) & Margaret Murphy (AUS) - February 2015
音乐: Hold Back the River - James Bay



Weight on Right, Start 45 secs from start of track, when the beat kicks in.
Start on words 'Hold Back'

S1. Step point, Step point, step sweep, step sweep

1,2,3,4 Step L across R, point R to R side, step R across L, point L to L side
5,6,7,8 Sweep L behind, step onto L, sweep R behind L step onto R

S2. Behind, Side, Infront, Big step, Rock Recover, Drag Left

1,2,3,4 Step L behind R, step R to side, step L infront, take big step to R
5,6,7,8 Rock back onto L. recover onto R, big step to L, dragging R into L

S3. Jazz Box ¼ turn Right, Jazz Box ¼ turn Right

1,2,3,4 Step R foot over L, step L foot back, step R turning ¼ R. step L forward
5,6,7,8 Step R over L, turning 1/4 R, Step back on L, step R to R, step L next to R (6.00)

S4. Grapevine Right, Grapevine Left

1,2,3,4 Step R to R, step L behind R, step R to side, touch L next to R
5,6,7,8 Step L to L, Step R behind R, step L to L, touch R next to L #

S5. Step Right Touch, Step Left Touch, Shuffle Right, Rock, Replace

1,2,3,4 Step R to R, touch L next to R, Step L to L, touch R next to L
5&6,7,8 Shuffle to right side: stepping R,L,R, Rock back onto L, recover weight onto L.

S6. Step Left Touch, Step Right Touch, Shuffle Left, Rock, Replace

1,2,3,4 Step L to L, touch R next to L, Step R to R, touch L next to R
5&6,7,8 Shuffle to left side: stepping L,R,L, Rock back onto R, recover weight onto L

S7. Step Lock Shuffle Right, Step Lock Shuffle Left

1,2,3&4 Step forward R, lock L behind R, shuffle fwd. R,L,R.
5,6,7&8 Step forward L, lock R behind L, shuffle fwd. L,R,L

S8. Drag, R Hold, Drag L, Hold, Back Together Forward, Touch

1,2,3,4 Step back on R, Hold, drag L back to R, Hold
5,6,7,8 Step back on R, step L Together, step Forward on R, point L toe to L side.

Tags: During Wall 1 Dance Section 1 – 4 substituting the last step of the vine with a step onto Right. (6:00)
and do the following 8 count Tag:

1,2,3,4 Rocking Chair, forward on Left
5,6,7,8 2 x ½ turn pivots Right, than restart.

Tag 2: Wall 5 (6.00) Dance Sections 1-4, and add these 2 counts

1,2 Step Right to right side, Hold, restart.

To finish dance: Dance to end, 6.00 pointing L toe to L, cross L in front of R and unwind to front wall.

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