

# I'm Ready For This

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Esmeralda van de Pol (NL) - February 2015  
音乐: Hold My Hand - Jess Glynne



Intro : 8 counts

## S1: FWD ROCK & STEP 1/2 TURN L, 1/2 TURN L, L COASTER STEP

1-2&      Rock LF fwd, Recover on RF, Step LF next to RF  
3-4      Step RF fwd, 1/2 turn L-weight on LF□ [06.00]  
5-6      Step on Ball RF fwd, 1/2 turn L-weight on R□ [12.00]  
7&8      Step LF back, Step RF next to LF, Step LF fwd

## S2: CROSS ROCK FWD, CHASSE R, 1/2 TURN R SIDE ROCK, CROSS SHUFFLE

1-2      Rock RF across LF, Recover on LF  
3&4      Step RF to R side, Step LF next to RF, Step RF to R side [12.00]  
5-6      1/2 turn R-Rock LF to L side, Recover on RF□ [06.00]  
7&8      Cross LF over RF, Step RF to R side, Cross LF over RF

(option count 3&4 Tripple full turn, traveling to the right)

## S3: SIDE, DRAG & CROSS, SIDE, R SAILOR STEP, L COASTERSTEP 1/4 TURN L

1-2      Step RF to R side, Drag LF to RF  
&3-4      Step LF next to RF, Cross RF over LF, Step LF to L side  
5&6      Step RF behind LF, Step LF to L side, Step RF to R side  
7&8      1/4 turn L-step LF back, Step RF next to LF, Step LF fwd□ [03.00]

## S4: STEP FWD, POINT, KICK & POINT, CROSS, 3/4 TURN L, ROCK BACK

1-2      Step RF fwd, Point LF to L side  
3&4      Kick LF fwd, Step LF next to RF, Point RF to R side  
5-6      Cross RF over LF, 3/4 turn L-weight on RF□ [06.00]  
7-8      Rock back on LF, Recover on RF

\*\*\*Restart here in the 2nd and 5th wall

## S5: WALK FWD, KICK-BALL-STEP, SWIVEL 1/2 TURN L , COASTER STEP

1-2      Walk fwd LF, RF  
3&4      Kick LF fwd, Step LF next to RF, Step RF fwd  
5&6      Swivel heels R making 1/4 turn L, heels to center, Swivel heels R making 1/4 turn left 12.0  
7&8      Step LF back, Step RF next to LF, Step LF fwd

## S6: CROSS, 1/4 TURN R, SHUFFLE 1/2 TURN R, FWD ROCK, RECOVER & BACK, POINT

1-2      Cross RF over LF, 1/4 turn R-step LF back□ [06.00]  
3&4      1/4 turn R-step RF fwd, Step LF next to RF, 1/4 turn R Step RF fwd□ [09.00]  
5-6      Rock LF fwd, Recover on RF  
&7-8      Step LF slightly back, Step RF back, Point LF to L side

## S7: CROSS, SIDE, BEHIND, 1/4 TURN R, STEP FWD , FWD ROCK, SHUFFLE BACK

1-2      Cross LF over RF, Step RF to R side,  
3&4      Cross LF behind RF, 1/4 turn R-step fwd, Step LF fwd□ [12.00]  
5-6      Rock RF fwd, Recover on LF  
7&8      Step RF back, Step LF next to RF, Step RF back

## S8: STEP BACK, TOGETHER, SHUFFLE FWD, PIVOT 1/2 TURN L, SHUFFLE FWD

1-2      Step LF back, Step RF next to LF□[12.00]

3&4 Step LF fwd, Step RF next to LF, Step LF fwd□[12.00]  
5-6 Step RF fwd, 1/2 turn L-weight on LF□[06.00]  
7&8 Step RF fwd, Step LF next to RF, Step RF fwd

**Restart : 2nd and 5th wall after 32 counts.**

**Enjoy..**

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