

Miny Mo

拍数: 48 墙数: 2 级数: Beginner
编舞者: Ivonne Verhagen (NL) - February 2015
音乐: Eenie Meenie Miney Mo - The Holiday Band : (iTunes)



Dance starts after 16 counts

S1: LIFT KNEE, STEP SIDE, CLOSE (2X), KICK, KICK, TRIPPLE STEP

1&2 RF lift knee up, rf step to the Side, LF close to RF
3&4 RF lift knee up, rf step to the Side, LF close to RF
5,6 RF Kick forward, RF kick side
7&8 RF step in place, LF step in place, RF step in place

S2: LIFT KNEE, STEP SIDE, CLOSE (2X), KICK, KICK, TRIPPLE STEP

1&2 LF lift knee up, RF step to the Side, RF close to LF
3&4 LF lift knee up, LF step to the Side, RF close to LF
5,6 LF Kick forward, LF kick side
7&8 LF step in place, RF step in place, LF step in place

S3: TOE STRUT, TOE STRUT, 4x WALK FORWARD

1,2 RF touch toe forward, clap heel down
3,4 LF touch forward, clap heel down
5,6,7,8 walk forward RF-LF-RF -LF

S4: & STEP OUT, OUT, HOLD, IN, IN, HOLD, 4X PADDLE 1/4 LEFT

&1,2 RF step out, LF step out, hold
&3,4 LF step out, RF step out, hold
5,6, 1/8 left & touch RF side, 1/8 left & touch RF side
7,8 1/8 left & touch RF side, 1/8 left & touch RF side

S5: CROSS OVER, STEP BACK, SHUFFLE DIAG BACK (2X)

1,2 RF cross over LF, LF step back
3&4 RF step in place, LF step in place, RF step in place
5,6 LF cross over RF, RF step back
7&8 LF step in place, RF step in place, LF step in place

S6: 1/4 LEFT & RF STEP SIDE, TOUCH, ¼ LEFT & STEP FORWARD, TOUCH (2X)

1,2 1/4 turn left & RF step side, LF touch close to RF
3,4 1/4 turn left & LF step forward, RF touch close to LF
5,6 1/4 turn left & RF step side, LF touch close to RF
7,8 1/4 turn left & LF step forward, RF touch close to LF

Have fun!

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