

# Foolin' Myself

COPPER KNOB  
BY STEPHEN

拍数: 64      墙数: 2      级数: Easy Intermediate  
编舞者: John Warnars (NL) - March 2015  
音乐: Out the Door - The Mavericks : (CD: Mono)



Intro 16 counts. No tags/restarts. □

## S1: HEEL GRIND & ¼ R & L SIDE STEP, CROSS ROCK BACK, RECOVER, SIDE SHUFFLE, CROSS ROCK BACK, RECOVER;

1 2            step on heel RF forward & toes to left, on heel RF ¼ turn R & toes to right & LF step to left side (3)  
3 4            cross rock RF behind LF, recover back on LF  
5&6          RF step to right side, LV step next RF, RF step to right side  
7 8            cross rock LF behind RV, recover back on LF

## S2: SIDE SHUFFLE, CROSS BEHIND, ¾ UNWIND R, ROCK, RECOVER, STEP BACK, SWEEP (front to back);

1&2           LF step to left side, RF step next LF, LF step to left side  
3 4           tap with toes RF behind LF, unwind ¾ turn R (12)  
5 6           rock forward on LF, recover back on RF  
7 8           step back on LF (weight on LF), sweep RF front to back

## S3: L BALL ¼ R, CROSS BEHIND, SIDE STEP. CROSS SHUFFLE, SIDE ROCK, RECOVER, CROSS BEHIND, SIDE STEP, ACROSS;

1 2           on ball LF ¼ turn R (3) & cross step RF behind LF (weight on RF)  
3&4          RF step across LF, LF small step to left side, RF step across LF  
5 6           LF rock to left side, recover back on RF  
7&8          cross step LF behind RF, RF step to right side, LF step across RF

## S4: SIDE STEP, CLOSE, ½ RUMBA BOX R, SIDE STEP, CLOSE, ½ RUMBA BOX L;

1 2           RF step to right side, LF step next RF  
3&4          RF step to right side, LF step next RF, step back on RF  
5 6           LF step to left side, RF step next LV  
7&8          LF step to left side, RF step next LF, step forward on RF

## S5: HEEL GRIND & ½ R & L STEP BACK, R COASTER STEP, ROCK, RECOVER, L COASTER CROSS;

1 2           step on heel RF forward & toes to lefts, on heel RF ½ turn R & toes to right & LF step to left side (9)  
3&4          step back on RF, LF close next RF, step forward on RF  
5 6           rock forwards on LF, recover back on RV  
7&8          step back on LF, RF close next LF, cross step LF over RF

## S6: R SIDE SHUFFLE, CROSS ROCK BACK, RECOVER, ¼ R STEP BACK, ¼ R SIDE STEP, CROSS SHUFFLE;

1&2           RF step to right side, LF close next RF, RF step to right side  
3 4           cross rock LF behind RF, recover back on RF  
5 6           ¼ turn R LF step back (12), ¼ turn R side step with RF (3)  
7&8          LF step across RF, RF small step to right side, LF step across RF

## S7: SIDE ROCK, RECOVER, CROSS SHUFFLE, SIDE SHUFFLE with ¼ R, R COASTER STEP;

1 2           RF rock to right side, recover back on LF  
3&4          RF step across LF, LF small step to left side, RF step across LF  
5&6          LF step to left side, RF close next RF, ¼ turn R LF step back (6)

7&8            step back on RF, LF close next RF, RF step forward

**S8: STEP & BALL ½ R & HOOK, R SHUFFLE, STEP & BALL ½ R & HOOK, 2 WALKS R, L;**

1 2            step on LF forward, step on ball LF ½ turn R (12) & RF hook across LF

3&4            RF step forward, LF step next RF, RF step forward

5 6            step on LF forward, step on ball LF ½ turn R (6) & RF hook across LF

7 8            RF step forward, LF step forward

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