

# Pills & Potions

拍数: 32      墙数: 2      级数: Intermediate  
编舞者: Daan Geelen (NL) & Vincent Dijks - Versteegh (NL) - February 2015  
音乐: Pills N Potions - Nicki Minaj : (Album: The Pinkprint)



Info: □ Intro 8 counts

## S1: Step Side, Syncopated Sailor With Diagonal Lock Step, Diagonal Full Triple Turn, Rock Recover, Cross, Hinge Turn

1            RF □ step side  
2            LF □ cross behind  
&            RF □ step beside  
3            LF □ 1/8 turn left, step forward [10.30]  
&            RF □ lock behind  
4            LF □ step forward  
5            RF □ 1/2 turn left, step backward  
&            LF □ 1/2 turn left, step forward  
6            RF □ 1/8 turn right, cross over [12]  
7            LF □ side rock  
&            RF □ recover  
8            LF □ cross over  
&            RF □ 1/4 turn left, step backward  
1            LF □ 1/4 turn left, step side [6]

## S2: Cross, Rock, Ball, Lock Step, Step Pivot 1/2, Triple Turn 1 1/4

2            RF □ rock cross  
3            LF □ recover  
&            RF □ step beside  
4            LF □ step forward  
&            RF □ lock behind  
5            LF □ step forward  
6            RF □ step forward  
7            R+L □ 1/2 turn left  
8            RF □ 1/2 turn left, step backward  
&            LF □ 1/2 turn left, step forward  
1            RF □ 1/4 turn left, step side [9]

## S3: Sailor Into Lock Step 1/2 Turn, Sweep, Cross, Lunge Side Recover 1/4 R, Step Pivot 1/2 R, 1/4 R Side

2            LF □ cross behind  
&            RF □ step beside  
3            LF □ 1/4 turn left, step forward [6]  
&            RF □ lock behind  
4            LF □ 1/4 turn left, step forward  
&            RF □ sweep forward  
5            RF □ cross over  
6            LF □ rock/lunge side  
7            RF □ 1/4 turn right, recover  
8            LF □ step forward  
&            L+R □ 1/2 turn right  
1            LF □ 1/4 turn right, step side [3]

## S4: Sailor Step 1/4 R, Walk x2, Syncopated Rock Recover 1/4 L, Step Pivot 3/4 L

2 RF□cross behind  
& LF□step beside  
3 RF□¼ turn right, step forward  
4 LF□walk  
5 RF□walk  
6 LF□rock cross  
& RF□recover  
7 LF□¼ turn left, step forward  
8 RF□step forward  
& R+L□¾ turn left [6]

### **START OVER AGAIN**

**Restarts: -**

**On wall 4 and 8 after count 8 (section 1)**

**On wall 11 after count 13 (count 5, section 2),then:**

6 hold

**start over again**

---