

Traveling Man

COPPER KNOB
BYEBOHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Anne Herd (AUS) - February 2015
音乐: Travellin' Man - Ricky Nelson : (CD: iTunes - 2:24)



Intro: Start on lyrics 16 beats in (approx. 10 sec) weight on L – Turning CW (No Tags/ Restarts)

S1: ROCK, REPLACE, CHA CHA BACK, ROCK, REPLACE CHA CHA FORWARD

1-2-3&4 Rock forward on R, recover to L, Cha cha back stepping RLR
5-6-7&8 Rock back on L, Recover to R, Cha cha forward stepping LRL

S2: 2 x ¼ PIVOT TURNS, ROCKING CHAIR

1-2-3-4 Step forward on R. Take weight to L, Pivot ¼ L, Step forward on R. Take weight to L, Pivot ¼ L
5-6-7-8 Rock forward on R; recover to L, Rock back on R, Recover to L

S3: SIDE TOGETHER, CHA CHA RIGHT, CROSS ROCK, ¼ TURN CH CHA FORWARD

1-2-3&4 Step R to side, Step L beside R, Cha cha R stepping RLR
5-6-7&8 Cross L over R, recover to R, Turn ¼ L, Shuffle forward stepping LRL

S4: CROSS POINT, CROSS POINT, JAZZ BOX

1-2-3-4 Cross R over L, Touch L to side Cross L over R, Touch R to side
5-6-7-8 Cross R over L, Step back on L, Step R to side and Step L beside R

[32] Begin dance again

NOTE: This dance concentrates on giving beginners an introduction to cha cha steps, jazz box and more than one direction change

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