We Take Care of Our Own

级数: Intermediate

编舞者: Nathan Gardiner (SCO) & Lorna Mursell (UK) - February 2015

音乐: We Take Care of Our Own - Bruce Springsteen

Intro: 64 counts start on vocals No tags or restarts

拍数: 64

S1: WALK, WALK, KICK & POINT, &, POINT, STEP BACK, COASTER STEP

- 1-2 Walk forward on right, Wa;I forward on left
- 3&4 Kick right foot forward, Step back in place, Point left toes out to left side
- &5-6 Step left next to right, Point right toes to right side, Step back on right
- 7&8 Step back on left, Step right next to left, Step forward on left

S2: TURN 1/4 LEFT, CROSS SHUFFLE, TURN 1/4 RIGHT X2, CROSS ROCK, RECOVER

- 1-2 Step forward on right, Turn 1/4 left
- 3&4 Cross step right over left, Step left to left side, Cross step right over left
- 5-6 Turn 1/4 right stepping back on left, Turn 1/4 right stepping right to right side
- 7-8 Cross rock left over right, Recover on right

S3: STEP, TOUCH, STEP, TOUCH, ROCK BACK, RECOVER, 1/2 TURN SHUFFLE RIGHT

- 1-2 Step left to left side, touch right next to left,
- 3-4 Step right to right side, touch left next to right
- 5-6 Rock back on left, Recover on right
- 1/2 Turn shuffle right stepping Left, Right, Left 7&8

S4: ROCK BACK, RECOVER, KICK BALL STEP, JAZZ BOX CROSS

- 1-2 Rock back on right, Recover on left
- 3&4 Kick right foot forward, Step back in place, Step forward on left
- 5-6 Cross step right over left, Step back on left
- 7-8 Step right to right side, Cross step left over right

S5: POINT, HOLD, POINT, HOLD, ROCK FORWARD, RECOVER, SHUFFLE 1/2 TURN RIGHT

- Point right toes to right side, Hold 1-2
- &3-4 Bring right foot in beside left foot with right foot taking the weight, Point left toes out to left side, Hold
- &5-6 Bring left foot in beside right foot with left foot talking the weight, Rock forward on right, Recover on left
- 7&8 1/2 Turn shuffle right stepping Right, Left, Right

S6: FULL TURN RIGHT, FORWARD SHUFFLE, ROCK FORWARD, RECOVER, COASTER STEP

- 1-2 Turn 1/2 right stepping back on left, Turn 1/2 right stepping forward on right
- 3&4 Step forward on left, Step right next to left, Step forward on left
- 5-6 Rock forward on right, Recover on left
- 7&8 Step back on right, Step left next to right, Step forward on right

S7: ROCK FORWARD, RECOVER, BALL WALK BACK RIGHT & LEFT, ROCK BACK, RECOVER, 1/4 **TURN LEFT**

- 1-2 Rock forward on left, Recover on right
- &3-4 Step left beside right, Step back on right, Step back on left
- 5-6 Rock back on right, Recover on left
- 7-8 Step forward on right, Turn 1/4 left

S8: CROSS SHUFFLE, HINGE 1/2 TURN RIGHT, SIDE ROCK, RECOVER, SAILOR 1/4 LEFT





墙数:4

- 1&2 Cross step right over left, Step left to left side, Cross step right over left
- 3-4 Turn 1/4 right stepping back on left, Turn 1/4 right stepping right to right side
- 5-6 Rock left foot to left side, Recover on right
- 7&8 Step left behind right, Turn 1/4 left stepping right to right side, Step left to left side

Start Again.....Happy Dancing

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