

# I've Come Along A Long Long Way

**COPPER KNOB**  
STEP SHEETS

拍数: 32                      墙数: 4                      级数: Beginner  
编舞者: Jean LW LeQUEUX (FR) - February 2015  
音乐: My Maria - Brooks & Dunn



RF: right foot; LF: left foot; LA: legs apart; FT: feet together; WoRF: weight on RF; WoLF: weight on LF

Start with lyrics: WoLF

## SECTION I: START WITH LYRICS SIDE CHASSÉ, ROCK STEP, TWICE (ONCE EACH SIDE)

1&2                      Right side chassé  
3-4                      Rock step: LF forward (slightly lift up RF), RF down (slightly lift up LF)  
5&6                      Left side chassé  
7-8                      Rock step: RF back (slightly lift up LF), LF down (slightly lift up RF)

## SECTION II: CHASSÉ, NEW YORK; TWICE (ONCE EACH SIDE)

1&2                      Right side chassé  
3-4                      ¼ turn right (open arms), rock step LF forward, ¼ turn left (close arms)  
5&6                      Left side chassé  
7-8                      ¼ turn left (open arms), rock step RF forward, ¼ turn right (close arms)

## SECTION III: SIDE CHASSÉ, ROCK STEP, ¼ TURN CHASSÉ ON RIGHT, ROCK STEP

1&2                      Right side chassé  
3-4                      Rock step: LF forward (slightly lift up RF), RF down (slightly lift up LF)  
5&6                      ¼ turn chassé on right: LF back ¼ turn right, RF near left, LF left  
7-8                      Rock step: RF back (slightly lift up LF), LF down (slightly lift up RF)

## SECTION IV: SIDE CHASSÉ, SPOT TURN; TWICE (ONCE EACH SIDE)

1&2                      Right side chassé  
3-4                      Spot turn (full 360° turn) right  
5&6                      Left side chassé  
7-8                      Spot turn (full 360° turn) left

**DO IT AGAIN, FOLKS!**

Date: 2015/02/12 - Jean Louis Lequeux Step Sheets –  
<http://www.weltram.eu/Pages/CountryandLineDance.aspx>  
Contact: [jean\\_lw\\_lequeux@yahoo.com](mailto:jean_lw_lequeux@yahoo.com)