Weak At The Knees



拍数: 32 墙数: 4 级数: Beginner / Improver

编舞者: Jan Brookfield (UK) - February 2015

音乐: Waltz Me Once Again Around the Dance Floor - k.d. lang



(Needs one Re-start, see script. Please note, this is NOT a waltz)

Alternative music: Under Your Spell Again by Shelby Lynne, 124 bpm

(NO Re-start required)

"Summertime (when I'm with you)" - Mavericks (No Restart)

Section 1: CROSS ROCK, CHASSE RIGHT, WEAVE 3 STEPS, POINT

1,2,3&4 Rock R across in front of L, recover onto L, chasse side right on R,L,R.

5,6,7,8 Weave to right: step L across R, step R to side, step L behind R, point R to side

Section 2: CROSS, POINT, CROSS, POINT, JAZZ BOX

9,10 Step R across in front of L, point L to left side
11,12 Step L across in front of R, point R to right side
13,14 Step R across in front of L, step back on L

15,16 Step R to right side, step L next to R (weight evenly distributed on both feet)

RE-START HERE ON 3RD WALL FACING 6 O'CLOCK WITH KD LANG SONG

Section 3: SWIVELS ON THE SPOT x 3, KICK, STEP BACK, TOGETHER, SHUFFLE FORWARD

17,18,19 With weight evenly on balls of feet, swivel heels left, right, left (ending weight on L)

20 Kick R forward

21,22 Step back on R, step on L next to right

23&24 Shuffle forward on R,L,R

Section 4: HALF TURN, SHUFFLE FORWARD, HALF TURN, QUARTER TURN

25,26 Step L forward, pivot half turn over right shoulder, weight now on R

27&28 Shuffle forward on L,R,L

29,30 Step R forward, pivot half turn over left shoulder, weight now on L 31,32 Step R forward, pivot quarter turn over left shoulder, weight now on L