

Ex's & Oh's - Basic

COPPER KNOB
BYEPOSTETS

拍数: 32 墙数: 4 级数: Upper Beginner
编舞者: Lu Olsen (AUS) - February 2015
音乐: Ex's & Oh's - Elle King : (iTunes)



#16 count intro – start on vocals - Anti-clockwise direction - Ver 1.00

(Easier version) This dance is specifically choreographed for the Upper Beginner level.

[1 – 8] Fwd, L Lock behind, Fwd, Touch side, Behind, ¼ R fwd, Fwd, Touch side

1, 2, 3, 4 Step R fwd, Lock L behind R, Step R fwd, Touch L toe to Left
5, 6, 7, 8 Step L behind R, ¼ Right turn & step R fwd, Step L fwd, Touch R toe to Right 3.00

[9 – 16] □Fwd, Kick 45, Fwd, Kick 45, ¼ R jazzbox fwd, fwd

1, 2, 3, 4 Step R fwd, Kick L to fwd L 45, Step L fwd, Kick R to fwd R 45
5, 6, 7, 8 (1/4 R turn jazzbox fwd) Cross R over L, Step L back, ¼ Right turn & step R fwd, Step L fwd
6.00

[17 – 24] □Fwd, ½ pivot, Fwd, Hold, Side, Tog, ¼ L fwd, Scuff fwd

1, 2, 3, 4 Step R fwd, ½ Left pivot turn, Step R fwd, Hold 12.00
5, 6, 7, 8 Step L to Left, Step R beside L, ¼ Left turn & step L fwd, Scuff R fwd □9.00

[25 – 32] R Rocking Chair, Side /dip knees, Straighten - touch fwd 45, Side/dip knees, Straighten-touch fwd 45

1, 2, 3, 4 (R Rocking chair) Step R fwd, Replace weight on L, Rock R back, Replace weight on L
5, 6 Step R to Right dipping knees, Straighten knees & touch L to L fwd 45 □9.00
7, 8 Step L to Left dipping knees, Straighten knees & touch R to R fwd 45

Wall 5 Short wall: Dance first 16 counts of dance then start again to 6.00.

Choreographed so to split floor with my Intermediate Dance 'Ex's & Oh's'.
Great piece of music for Intermediate and also Upper Beginners to enjoy

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