

# Blue Ridge Mountain Girl

**COPPER KNOB**  
STEPPERS

拍数: 64                      墙数: 4                      级数: Improver  
编舞者: Marie Sørensen (TUR) & Dwight Meessen (NL) - February 2015  
音乐: Blue Ridge Mountain Girl - Jimmy Buckley : (www.amazon.com)



## Intro: 32 Counts

### S1: ROCK, HOLD, RECOVER, HOLD, BEHIND, SIDE, CROSS, HOLD

1-2                      Rock right diagonal fwd. right, hold  
3-4                      Recover, hold  
5-6                      Cross right behind left, step left to the left side  
7-8                      Cross right over left, hold (12:00)

### S2: ROCK, HOLD, RECOVER, HOLD, BEHIND, 1/4 TURN, STEP FWD. HOLD

1-2                      Rock left diagonal fwd. left, hold  
3-4                      Recover, hold  
5-6                      Cross left behind right, 1/4 turn right, step fwd. right  
7-8                      Step fwd. on left, hold (03:00)

### S3: STEP FWD, TAP, STEP BACK, HITCH, BACK, HITCH, BACK, HITCH

1-2                      Step fwd. right, tap left toe back  
3-4                      Step back on left, hitch right  
5-6                      Step back on right, hitch left  
7-8                      Step back on left, hitch right (03:00)

### S4: COASTER STEP, STOMP, STOMP, HOLD, STOMP, HOLD

1-2                      Step back on right, step left next to right  
3-4                      Step fwd. on right, stomp fwd. left  
5-6                      Stomp fwd. right, hold and clap your hands  
7-8                      Stomp fwd. left, hold and clap you hands (03:00)

**Restart the dance at this point, during wall 4, after 32 counts - Facing 06:00**

### S5: TOE STRUT RIGHT, LEFT, MAMBO 1/2 TURN RIGHT, HOLD

1-2                      Tap right toe fwd. drop right heel  
3-4                      Tap left toe fwd. drop left heel  
5-6                      Rock fwd. right, recover  
7-8                      1/2 turn right, step fwd. right, hold (09:00)

### S6: SIDE, HOLD, BACK ROCK, RECOVER, SIDE, HOLD, BACK ROCK, RECOVER

1-2                      Step left to the left side, hold  
3-4                      Back rock, recover  
5-6                      Step right to the right side, hold  
7-8                      Back rock left, recover (09:00)

### S7: MAMBO, HOLD, COASTER, CROSS, HOLD

1-2                      Rock fwd. on left, recover  
3-4                      Step left next to right, hold  
5-6                      Step back on right, step left next to right  
7-8                      Cross right over left, hold (09:00)

### S8: BACK, TOUCH, BACK, TOUCH, COASTER CROSS, HOLD

1-2                      Step back left, touch right beside left  
3-4                      Step back on right, touch left beside right

5-6 Step back on left, step right next to left  
7-8 Cross left over right, hold (09:00)

**RESTART - During wall 4, after 32 counts - Start the dance from the beginning, facing 06:00**

**Have Fun!**

**Contacts:-**

**Marie: [sunshinecowgirl1960@gmail.com](mailto:sunshinecowgirl1960@gmail.com)**

**Dwight: [dwight\\_meesen@hotmail.com](mailto:dwight_meesen@hotmail.com)**

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