

Perfect Days

拍数: 32 墙数: 4 级数: Beginner / Improver
编舞者: Ron Tate (UK) - February 2015
音乐: Perfect Days - Derek Ryan



Count in : Dance starts on vocals (8 counts)

Tags & Restarts:-

Tag (1): Danced ONCE at the end of Wall (2)

Tag (2): Danced ONCE at the end of Wall (4)

S1: Side, Together, Forward, Rumba Box, Turning Coaster

1 & 2 Step (R) To Side, Step (L) Next To (R), Step Forward (R)
3 & 4 Step (L) To Side, Step (R) Next To (L), Step Forward (L)
5 & 6 Step (R) To Side, Step (L) Next To (R), Step Back (R)
7 & 8 Make A ¼ Turn (L) Stepping Back (L), Step (R) Next To (L), Step Forward (L) 9 O'clock

S2: Syncopated Rocking Chair, Step, Turn, Step, 2x Walks, Mambo

1 & 2 & Rock Forward (R), Rock Back (L), Rock Back (R), Rock Forward (L)
3 & 4 Step Forward (R), Pivot ½ Turn (L), Step Forward (R) 3 O'clock
5 - 6 "Prissy" Walk Forward (L), "Prissy" Walk Forward (R)
7 & 8 Rock Forward (L), Rock Back (R), Step (L) Next To (R)

S3: 2x Sweep Steps Back, Sailor Turn, 2x Cross Mambo's

1 - 2 Sweep/Step (R) Behind (L), Sweep/Step (L) Behind (R)
3 & 4 Cross (R) Behind (L) Making ¼ Turn (R), Step (L) To Side, Step (R) In Place 6 O'clock
5 & 6 Cross Rock (L) Over (R), Rock Back (R), Step (L) To Side
7 & 8 Cross Rock (R) Over (L), Rock Back (L), Step (R) To Side

S4: 2x Sways, Chasse, Turn & Hitch into Chasse, Syncopated Jazz Box

1 - 2 Sway Hips (L), Sway Hips (R)
3 & 4 Step (L) To Side, Step (R) Next To (L), Step (L) To Side
& 5 & 6 Make A ¼ Turn (R) Hitching (R) Knee And Step (R) To Side Step (L) Next To (R), Step (R) To Side 9 O'clock
7 & 8 & Cross (L) Over (R), Step Back (R), Step (L) To Side, Touch (R) Next To (L)

REPEAT STEPS

TAG (1) Danced at the end of Wall (2), facing 6 o'clock

Side, Touch, Side, Touch, 2x Monterey Turns

1& Step (R) To Side, Touch (L) Next To (R)
2& Step (L) To Side, Touch (R) Next To (L)
3& Touch (R) To Side, Pivot ½ Turn (R) Stepping (R) To Side 12 O'clock
4& Touch (L) To Side, Step (L) Next To (R)
5& Touch (R) To Side, Pivot ½ Turn (R) Stepping (R) To Side 6 O'clock
6& Touch (L) To Side, Step (L) Next To (R)

TAG (2) Danced at the end of Wall (4), facing 12 o'clock

Side, Touch, Side, Touch

1& Step (R) To Side, Touch (L) Next To (R)
2& Step (L) To Side, Touch (R) Next To (L)

