

Lay Low (L/P)

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 0
编舞者: Tim Schalch - February 2015
音乐: Lay Low - Josh Turner

级数: Beginner (Optional Partner Dance)



(Start on Vocals)

[1-8] □ R rocking Chair, R step ½ turn, R step ½ turn

1-2 R rock FWD, Recover back L
3-4 R rock back, recover FWD L
5-6 Step R FWD, pivot ½ turn
7-8 Step R FWD, pivot ½ turn

[9-16] □ R Step Lock Step Scuff, L Step Lock Step Scuff

1-2 Step FWD R, L touch behind R
3-4 Step FWD R, L scuff
5-6 Step FWD L, R touch behind L
7-8 Step FWD L, R scuff

[17-24] □ R shuffle, ¼ turn L side shuffle, ¼ turn R back shuffle, L back shuffle

1&2 Shuffle FWD RLR
3&4 ¼ turn side shuffle LRL
5&6 ¼ turn back shuffle RLR
7&8 Shuffle back LRL

[25-32] □ Back Rock Recover, Step ½ turn, Step R Hold, Step L, Hold

1-2 Step back R, recover FWD L
3-4 Step R FWD, pivot ½ turn L
5-6 Step R, HOLD (shimmy)
7-8 Step L, HOLD (shimmy)

REPEAT

OPTIONAL PARTNER DANCE – WATCH VIDEO FOR INSTRUCTION – STEPS ARE ESSENTIALLY THE SAME WITH A COUPLE OF TIPS FOR THE MEN WITH TURNS IN THE BEGINNING OF THE DANCE.

Contact - Email: TLSchalch@aol.com - www.TLSentertainmentFL.com