

Homegrown

拍数: 32 墙数: 4 级数: Improver
编舞者: Rachael McEnaney (USA) - January 2015
音乐: Homegrown - Zac Brown Band : (iTunes)



Count In: 32 counts from when beat kicks in, begin on vocals Approx 105 bpm

Notes: On 9th wall the music goes slightly off phrase but I didn't feel the need for a Restart so close to the end of the dance. Continue dancing, the steps STILL hit the music throughout, it is just on a different phrasing to the lyrics.

[1 – 8] Walk R-L, R shuffle, Fwd L, ½ turn R, ½ turn R with L back shuffle

1 2 Step forward R (1), step forward L (2) 12.00
3 & 4 Step forward R (3), step L next to R (&), step forward R (4) 12.00
5 6 Step forward L (5), pivot ½ turn right (6) 6.00
7 & 8 Make ½ turn right stepping back L (7), step R next to L (&) step back L (8) 12.00
Easy option: step forward L (5), pivot ¼ turn right (6), cross L over R (7), step R to right (&), cross L behind R (8) don't make the next ¼ turn right just step R to right (1) 3.00

[9 – 16] ¼ turn R side, L cross, R side-rock-cross, sway L, sway R, L chasse

1 2 Make ¼ turn right stepping R to right (1), cross L over R (2) 3.00
3 & 4 Rock R to right side (3), recover weight L (&), cross R over L (4) 3.00
5 6 Step L to left and sway hips left (5), sway hips right taking weight R (6) 3.00
Note: On the chorus you could accent the lyrics "arms around me" as you sway left swing R arm across body, as you sway right swing L arm across body.
7 & 8 Step L to left (7), step R next to L (&), step L to left (8) 3.00

[17 – 24] R cross rock, R chasse, L cross, R side, L sailor with ¼ turn L

1 2 Cross rock R over L (1), recover weight to L (2) 3.00
3 & 4 Step R to right side (3), step L next to R (&), step R to right side (4) 3.00
5 6 Cross L over R (5), step R to right side (6), 3.00
7 & 8 Cross L behind R (7), make ¼ turn left stepping R next to L (&), step forward L (8) 12.00

[25 – 32] R kick, R back, L heel, L in place, Fwd R, ½ pivot, R hitch, R back, L heel, L in place, Fwd R, ¼ pivot

1 & 2 Kick R foot forward (1), step back R (&), touch L heel forward (2) 12.00
& 3 4 Step L foot in place (&), step forward R (3), pivot ½ turn left (weight ends L) (4) 6.00
5 & 6 Hitch R knee (5), step back R (&), touch L heel forward (6) 6.00
& 7 8 Step L foot in place (&), step forward R (7), pivot ¼ turn left (weight ends L) (8) 3.00

START AGAIN - HAPPY DANCING

End: The dance will end on count 24, instead of ¼ sailor make a ½ sailor to end facing the front

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format.

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