

Not the Only One

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Christa Thomas (USA) - February 2015
音乐: I'm Not the Only One - Sam Smith



Intro: 32 Counts

[1-9] STEP, ½ SWEEP, SAILOR CROSS, SIDE, TOG, CROSS, ¾ SPIN, WALK AROUND, SWEEP

1,2,3&4 R Step Fwd, L Step Back ½ Turn R Sweeping R Back, R Cross Behind, L Step Side, R Cross Over
&5,6,7,8&1 L Step Side, R Tog, L Cross Over, R Step Side Spinning ¾ L (Pirouette), L Step Fwd, R Step Back ½ Turn L, L Step Fwd ½ Turn L Sweeping R Fwd

[10-17] ROCK FWD & SIDE & BACK, SAILOR STEP, SAILOR CROSS SHUFFLE

2&3&4 R Rock Fwd, L Rec, R Rock Side, L Rec, R Step Behind L
5&6 L Cross Behind R, R Step Side, L Step Side
7&8&1 R Cross Behind L, L Step Side, R Cross Over L, L Step Side, R Cross Over L

[18-24] ½ UNWIND, ½ TWIST, SAILOR ½ CROSS, WALK AROUND ½, DRAG

2,3 Unwind ½ Turn L, Reverse Twist ½ Turn R
4&5 R Cross Behind L ¼ Turn R, L Step Side ¼ Turn R, R Cross Over L
6,7,8 L Step Back ¼ Turn R, R Big Step Side ¼ Turn R Dragging L In For 2 Counts

[25-32] BALL, OVER, SIDE, SAILOR STEP, OVER, SIDE, ½ TURN, ROCK SIDE, RECOVER

&1,2,3&4 L Ball Step, R Cross Over L, L Step Side, R Cross Behind, L Step Side, R Step Side (Body Slightly Angled R)
5,6,7,8& L Cross Over, R Step Side, L Step Tog ½ Turn L, R Rock Side, L Recover

REPEAT

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