

Smack Dab

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Teri Rogers (USA) - February 2015
音乐: Smack Dab - Chasin' Crazy : (Single - iTunes)



Start Dance: 24 count intro, Start dancing after you hear "Listen Up, Listen Up"

S1: Shuffle forward RLR, Step Forward L Touch R toe Behind Left, Shuffle Back RLR, Coaster LRL

1&2 Shuffle Forward RLR
3-4 Step Forward on Left, Touch Right Toe Behind Left Heel
5&6 Shuffle Back RLR
7&8 Step Back on Left, Step Right Next To Left, Step Forward Left

S2: Step R Step L Together, 1/4 turn Step R, Step Left Next To Right, Jazz Box

1-2 Step Right To Right Side, Step Left Next To Right
3-4 Turning 1/4 Right Step Right To Right, Step Left Next to Right
5-6 Cross Right Over Left, Step Back On Left
7-8 Step Right To Right Side, Step Left next to Right

S3: 1/4 R turning Sailor RLR, Kick Step Point, 1/4 R Turning Sailor RLR, Rock Back Recover

1&2 Turning 1/4 R Step Right Behind Left, Step left To Left Side, Step Right Next To □Left
3&4 Kick Left Foot Forward, step On Left Foot, Point Right Toe To Right Side
5&6 Turning 1/4 R Step Right Behind Left, Step Left To Left Side, Step Right Next To □Left
7-8 Rock Back On Left, Recover On Right

S4: Rock Left to Left Side, Recover R, Cross Shuffle LRL, 1/4 Turn L, 1/4 Turn L, Rock Forward on R, Recover on L

1-2 Rock Left To Left Side, Recover On Right
3&4 Cross shuffle LRL
5-6 Turning 1/4 Left Step Right, Turning 1/4 Left Step Left
7-8 Step Forward on Right, Recover on Left

Start again

Tag: When you hear "Listen Up, Listen Up, Girl You put the bang".

First Tag: Dance one time through then add Tag. You will be facing the [3:00] wall

Second Tag: Dance through 3 more times. You will be facing the [12:00] wall

Stomp R x 2, Clap x 2, Twist To R Heels Toes Heels Toes, Twist Left Heels, Toes, Heels, Toes back to center, Stomp L x2, Clap x 2

1-2 Stomp Right Foot Twice
3-4 Clap Twice
5-8 Twist To Right Heels Toes, Heels, Twist Toes back to center

Twist Left Heels, Toes, Heels, Toes. Back to center Stomp x2, Clap x2

1-4 Twist To Left Side Heels, Toes, Heels, Twist Toes back to center
5-6 Stomp Left Foot Twice
7-8 Clap Twice

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