Polythene Queen AB Cha - Cha

级数: Absolute Beginner

编舞者: Diane Blairs (UK) - January 2015

音乐: Polythene Queen - Miss Li: (Album: Dancing The Whole Way Home)

#32 Count Intro.

Alternative Track: IT MUST BE LOVE: By Don Williams

ROCK FWD R, RECOVER, TRIPLE IN PLACE, ROCK BCK L, RECOVER, TRIPLE IN PLACE.

- 1-2 Rock fwd on right, recover on left
- 3&4 step on right, step on left, step on right
- 5-6 Rock back on left, recover on right
- 7&8 step on left, step on right, step on left.

R&L CROSS ROCK, RECOVER TRIPLE IN PLACE

- 1-2 cross right over left, recover on left,
- 3&4 step on right, step on left, step on right, (RLR)
- 5-6 cross left over right, recover on right,
- 7&8 step on left, step on right, step on left (LRL)

1/4 TURN X 2 LEFT, JAZZ BOX IN PLACE

- 1-2 step fwd on the ball of right, ¼ turn left (weight on left)
- 3-4 step fwd on the ball of right, ¼ turn left (weight on left)
- 5-6 step right over left, step back on left,
- 7-8 step right to right side, step fwd on left.

R&L SIDE ROCK, RECOVER, TRIPLE IN PLACE

- 1-2 rock right to right side recover on left,
- 3&4 step on right, step on left, step on right,
- 5-6 rock left to left side, recover on right,
- 7&8 step on left, step on right, step on left.

Wall 4: facing 6:00: TAG:

REPEAT SECTION (1) STEPS 1 to 8...... ROCK FWD R, RECOVER, TRIPLE IN PLACE ROCK BCK L, RECOVER, TRIPLE IN PLACE Restart Dance from the beginning.

Contact: iblai49@aol.com





拍数: 32

墙数: 2

级数