

Teach Me Tonight Cha Cha Cha

COPPER **KNOB**
BY STEPHEN

拍数: 64 墙数: 4 级数: Improver Cha Cha
编舞者: Jean LW LeQUEUX (FR) - February 2015
音乐: Teach Me Tonight Cha Cha by De Castro Sisters Trio



Peggy, Cherry and Babette were the daughters of Babette Buchanan, a Zigfeld Follies showgirl. She married a Cuban aristocrat, Juan Fernandez De Castro, a rich sugar planter of the Dominican Republic.

They formed the De Castro Sisters, an American trio, famous in the 50s and 60s.

LEGEND: RF: right foot; LF: left foot; LA: legs apart; FT: feet together: WoRF: weight on RF; WoLF: weight on LF

Start with lyrics: WoLF

SECTION I: RIGHT SIDE CHASSÉ, ROCK STEP LF FORWARD, LEFT SIDE CHASSÉ, ROCK STEP RF BACKWARD

1&2 Right side chassé
3-4 Rock step: LF forward (slightly lift up RF), RF down (slightly lift up LF)
5&6 Left side chassé
7-8 Rock step: RF back (slightly lift up LF), LF down (slightly lift up RF)

SECTION II: RIGHT SIDE CHASSÉ, NEW YORK RIGHT, LEFT SIDE CHASSÉ, NEW YORK LEFT

1&2 Right side chassé
3-4 ¼ turn right (open arms), rock step LF forward, ¼ turn left (close arms)
5&6 Left side chassé
7-8 ¼ turn left (open arms), rock step RF forward, ¼ turn right (close arms)

SECTION III: RIGHT SIDE CHASSÉ, SPOT TURN RIGHT, LEFT SIDE CHASSÉ, SPOT TURN LEFT

1&2 Right side chassé
3-4 Spot turn (full 360° turn) right
5&6 Left side chassé
7-8 Spot turn (full 360° turn) left

SECTION IV: PURSUIT SOLO, SWIVEL TOES-HEELS (LEFT, RIGHT, LEFT), MOVE KNEES

1&2 Lock step chassé forward (RF forward, LF behind right, RF ahead, LF ahead)
3-4 ½ turn left, feet together
5&6 Bend knees, pivot toes to left (support on heels, pivot heels to right (support on toes), pivot toes to left
7-8 Slightly bend/unbend knee on spot: right, left

SECTION V: SWIVEL TOES-HEELS (RIGHT, LEFT, RIGHT), PURSUIT SOLO

1&2 Bend knees, turn toes to right – pivot on heels—, turn heels to left –pivot on toes—, turn toes to right
3-4 Slightly bend/unbend knee on spot: left, right
5&6 Lock step chassé forward (RF forward, LF behind right, RF ahead, LF ahead)
7-8 1/4 turn left, feet together

SECTION VI: CROSS BODY SOLO

1&2 Right side chassé
3-4 LF back, ¼ turn left, RF near LF
5&6 Left side chassé
7-8 RF back, ¼ turn left, LF near RF

SECTION VII: RIGHT SIDE CHASSÉ, ROCK STEP LF FORWARD, LEFT SIDE CHASSÉ, ROCK STEP RF BACKWARD

- 1&2 Right side chassé
- 3-4 Rock step: LF forward (slightly lift up RF), RF down (slightly lift up LF)
- 5&6 Left side chassé
- 7-8 Rock step: RF back (slightly lift up LF), LF down (slightly lift up RF)

SECTION VIII: VANCOUVER RIGHT, ROCK STEP, VANCOUVER LEFT, ROCK STEP

- 1&2 Lock step chassé diagonal right, RF forward (raise arms 45° in V and fingers in v –index and middle – as in Vancouver)
- 3-4 Step LF back, RF near LF, (arms down)
- 5&6 Lock step chassé diagonal left, LF forward (raise arms 45° in V and fingers in v –index and middle – as in Vancouver)
- 7-8 Step RF back, LF near RF (arms down)

DO IT AGAIN, FOLKS!

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