

Kizomba

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 2 级数: Improver / Intermediate
编舞者: José Miguel Belloque Vane (NL) & Dag Alexander Wien (NOR) - February 2015
音乐: All of Me – Zodab Hafafada



Restart : Wall 5 after 16 counts

S1: Step, Touch, Step, Touch, Step, Siderock, Step, Lockshuffle

1 RF step to the side
2 LF touch next to RF
3 LF step to the side
4 RF touch next to LF
5 RF step forward
6 LF rock to the side
& RF recover weight
7 LF step forward
8 RF step forward
& LF lock behind RF
1 RF step forward

S2: Step diagonal back, Cross, Step diagonal back, Side, Behind, SideRock, Cross, ¼ Turn R, ¼ Turn R, Cross, Side

2 LF step back in diagonal
3 RF cross over LF
4 LF step back in diagonal
& RF step to the side
5 LF cross over RF
6 RF rock to the side
& LF recover weight
7 RF cross over LF
& ¼ Turn right, LF step back
8 ¼ Turn right, RF step to the side
& LF cross over RF
1 RF step to the side

S3: Sway, Sway, Behind, ¼ Turn R, Step, Step, Rock Back, Step, ½ Turn L, Step

2 Sway to the left
3 Sway to the right
4 LF cross behind RF
& ¼ Turn right, RF step forward
5 LF step forward
6 RF rock back
7 LF recover weight
8 RF step forward
& ½ Turn left
1 RF step forward

S4: ¼ Turn L, Cross shuffle, ½ Turn R, Crossshuffle, Crossshuffle making ½ Turn L, 1/8 Turn R, Full Turn R, Bodyroll

2 ¼ Turn left, LF cross over RF
& RF step small step to the side
3 LF cross over RF

4 ½ Turn right, RF cross over LF
& LF step small step to the side
5 RF cross over LF
6 ¼ Turn left, LF cross over RF
& ¼ Turn left, RF step small step to the side
7 LF cross over RF
8 1/8 Turn right, RF step diagonal forward
& ½ Turn right, LF step next to RF
1 ½ Turn right, RF step forward, make bodyroll from front to back

S5: Hold, Bodyroll (2x), Step Back (6x), Side

2 Hold
3 Make bodyroll from front to back
4 Make bodyroll from front to back
5 LF step back
6 RF step back
& LF step back
7 RF step back
8 LF step back
& RF step back
1 LF step to the side

S6: Close, Close, ¼ Turn L Step Back, Close, Close, Step, Rockstep, Touch

2 RF step next to LF
& LF step next to RF
3 ¼ Turn left, RF step back
4 LF step next to RF
& RF step next to LF
5 LF step to the side
6 RF rock forward
7 LF recover weight
8 RF touch next to LF

Contact: jose_nl@hotmail.com
