

Lonesome Swing

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Beginner
编舞者: Gary Lafferty (UK) - February 2015
音乐: All By My Lonesome - Billy Yates



#32-count intro - (NO Tags!! NO Restarts!!)

RIGHT SHUFFLE FORWARD, ROCK STEP, LEFT SHUFFLE ½ TURN, STEP FORWARD, ½ PIVOT TURN

1&2 Step forward on Right foot, step on Left foot beside Right, step forward on Right foot
3-4 Rock forward on Left foot, recover weight back onto Right foot
5&6 Left shuffle back making ½ turn over Left shoulder stepping on Left-Right-Left
7-8 Step forward on Right foot, pivot ½ turn to Left

RIGHT SIDE-SHUFFLE. ROCK BACK, RECOVER, STEP LEFT, TOUCH, STEP RIGHT, TOUCH

1&2 Step to Right on Right foot, step on Left foot beside Right, step to Right on Right foot
3-4 Rock back on Left foot, recover weight onto Right foot
5-6 Step to Left on Left foot, touch Right foot beside Left
7-8 Step to Right on Right foot, touch Left foot beside Right

LEFT SIDE-SHUFFLE. ROCK BACK, RECOVER, ¼ MONTEREY TURN & TOUCH

1&2 Step to Left on Left foot, step on Right foot beside Left, step to Left on Left foot
3-4 Rock back on Right foot, recover weight onto Left foot
5-6 Point Right foot out to Right side, turn ¼ Right stepping down onto Right foot beside Left
7-8 Point Left foot out to Left side, touch Left foot beside Right

LEFT SIDE-SHUFFLE. ROCK BACK, RECOVER, STEP FORWARD, ½ TURN HEEL BOUNCES

1&2 Step to Left on Left foot, step on Right foot beside Left, step to Left on Left foot
3-4 Rock back on Right foot, recover weight onto Left foot
5 Step forward on Right foot
6-7-8 Bounce heels 3 times to make ½ turn over Left shoulder, ending with weight on Left foot

START AGAIN!
