

2 Of Us (我和你) (zh)

COPPER KNOB
STYLEDANCE

拍数: 40 墙数: 2 级数: Intermediate
编舞者: Maggie Gallagher (UK) - 2009年06月
音乐: Ben - Michael Jackson



前奏 : Intro: 16 counts (14 secs) Start on main vocals

- 第一段** **Side, Rock Recover, Side, Rock Recover, ¼ Right, Right Sailor ½ Turn Cross, ¼ Right, Ball Cross**
側, 下沉回復, 側, 下沉回復, 右¼, 右水手轉 ½交叉, 右¼, 踏交叉
- 1,2& Wide step left to left side dragging right to meet left, Rock back on right, Recover onto left
左足左大步右足拖併, 右足後下沉, 左足回復
- 3,4& Wide step right to right side dragging left to meet right, Rock back on left, Recover onto right [12:00]
右足右大步左足拖併, 左足後下沉, 右足回復(面向12點鐘)
- 5 Make ¼ turn right stepping back on left [3:00]
右轉90度左足後踏(面向3點鐘)
- 6&7 Cross right behind left, Make ¼ turn right stepping onto left, Make another ¼ turn right stepping right
across left [9:00]
右足於左足後交叉踏, 右轉90度左足踏, 右轉90度右足於左足前交叉踏(面向9點鐘)
- 8&8 Make ¼ turn right stepping left to left side, Cross right over left [12:00] 右轉90度左足左踏, 右足於左足前交
叉踏(面向12點鐘)
- 第二段** **¼ Turn Left, Step Right, ½ Pivot Turn Left, Step Right, Step Left, Triple Full Turn, Left Mambo**
左1/4, 右踏, 左1/2, 右踏, 左踏, 小三步轉, 左曼波
- 1 Make ¼ turn left stepping onto left [9:00]
左轉90度左足踏(面向9點鐘)
- 2&3 Step forward on right, Pivot ½ turn left, Step forward on right [3:00] 右足前踏, 左軸轉180度, 右足前踏(面
向3點鐘)
- 4 Step forward on left 左足前踏
- 5&6 Make ½ turn left stepping back on right, Make another ½ turn left stepping forward on left, Step forward
right [3:00]
左轉180度右足後踏, 左轉180度左足前踏, 右足前踏(面向3點鐘)
- easier簡易 shuffle forward stepping right, left, right
版 前交換-右, 左, 右
- 7&8 Rock forward on left, Recover onto right, Step back on left [3:00]
左足前下沉, 右足回復, 左足後踏(面向3點鐘)
- 第三段** **Step Back, Ronde Kick, Syncopated Weave Right, Sweep Right Behind Side Cross, Press, Recover With
Hitch**
後踏, 踢繞, 變奏右藤步, 右繞後旁交叉, 壓, 回復帶抬
- 1& Step back on right, Ronde kick left from in front to behind right
右足後踏, 左前踢繞至後
- 2&3& Step left behind right, Step right to right side, Step left across right, Step right to right side
左足於右足後踏, 右足右踏, 左足於右足前交叉踏, 右足右踏
- 4& Step left behind right, Sweep right from in front to behind left
左足於右足後踏, 右足由前繞至左足後
- 5&6 Step right behind left, Step left to left side, Step right across left [3:00] 右足於左足後踏, 左足左踏, 右足於左
足前交叉踏(面向3點鐘)
- 7,8 Press left diagonally forward left (towards 1:30), Recover onto right with a low left hitch pointing toe down
(still on the diagonal)
左足斜角前壓踏(面向1:30), 右足回復左足趾踏略抬(仍面向斜角)
- 第四段** **Coaster ½ Turn Right, Run X2, Rock Recover X2, ¼ Turn Point**
海岸帶右轉1/2, 跑步二次, 下沉回復二次, 轉1/4點

- 1&2 Step back on left, Make $\frac{1}{2}$ turn right stepping onto right, Step forward on left (still on the diagonal, towards 7:30)
左足後踏, 右轉180度右足踏, 左足前踏(斜角, 面向7:30)
- 3& Small step forward right, Small step forward left
右足略前踏, 左足略前踏
- 4,5 Rock forward onto right straightening up to the 6:00 wall, Recover onto left [6:00] 右足伸直面向6點鐘前下沉, 左足回復(面向6點鐘)
- & Make $\frac{1}{4}$ turn right stepping right beside left [9:00]
右轉90度右足併踏(面向9點鐘樓)
- 6,7 Rock forward onto left, Recover onto right [9:00]
左足前下沉, 右足回復(面向9點鐘)
- 8& Make $\frac{1}{4}$ turn left stepping left beside right, Point right out to right side [6:00] 左轉90度左足併踏, 右足右點(面向6點鐘)

RESTART here DURING wall 3. Add an extra “&” step to bring right beside left
第三面牆跳至此加&拍右足併踏後從頭起跳

第五段 Rock Recover Side X2, Rock Recover, Step $\frac{3}{4}$ Pivot, $\frac{1}{4}$ Turn, Touch
下沉回復側踏二次, 下沉回復, 踏轉 $\frac{3}{4}$, 轉 $\frac{1}{4}$, 點

- 1&2 Rock back on right, Recover onto left, Step right to right side
右足後下沉, 左足回復, 右足右踏
- 3&4 Rock back on left, Recover onto right, Step left to left side
左足後下沉, 右足回復, 左足左踏
- 5&6& Rock back on right, Recover onto left, Step forward on right, Pivot $\frac{3}{4}$ turn left (weight ends on left)
右足後下沉, 左足回復, 右足前踏, 左軸轉270度(重心在左足)
- 7,8 Make a $\frac{1}{4}$ turn left stepping right to right side, Touch left beside right [6:00] 左轉90度右足右踏, 左足併點(面向6點鐘)

ENDING: The song will finish during wall 5. Dance as far as count “2&” of section 2 then make a $\frac{1}{4}$ turn left to face the front, stepping right to right side.
結束在第五面牆跳完後, 再跳至第二段“2&”左轉90度面向前面, 右足右踏
