

# Let's Rock

COPPER KNOB  
STYLEDANCE

拍数: 64                      墙数: 2                      级数: Improver  
编舞者: Meiske Pamaputera (INA) - February 2015  
音乐: Swing (摇摆style) - Ada Zhuang (莊心妍)



**Note; This dance is to celebrate Sagita 12th anniversary**

**Intro (Optional ) starts at 06:00 - 96 Count.**

**This is a simple Intro, Don't be discouraged by the length.**

- 1-8                      Right touch fwd shake R hip (1-2 ) L hip (3-4 ) (5-8)  
9-16                    Left touch fwd shake L hip (1-2 ) , R hip (3-4 ) LRL hip, hold.  
\* For styling –same as above but opposite- shake both hands to L  
(1-2 ) both hands to R (3-4 ) , both hands LRL. Hold (5-8)  
17-24                   Right touch fwd shake R hip (1-2 ) L hip (3-4 ) RLR hip ,hold  
\* For styling: Both hands at the back , fingers open: Shake both  
hands to R(1-2) both hands to L (3-4), hands RLR, hold(5-8)  
25-32                   Right kick diagonal Right (1-2 ) , Right step down (3-4), walk  
Left ,Right diagonal right (5-6), hitch Left , hold ( 7-8 ) ( 07:30 )  
33-40                   ¼ Turn left kick Left diagonal Left (1-2 ) , Left step down (3-4),  
walk Right,Left diagonal Left (5-6), hitch Right, hold (7-8)(4:30 )  
41-48                   Touch Right to Right side – look at 03:00 (1-4 ) , make a ½ turn  
Right hold –style: accentuate with elbow movement down & up  
49-56                   Right step fwd diagonal left (1-2 ) , Left step fwd (3-4), mambo  
Right fwd, hold (10:30 )  
57-64                   Left step back diagonal right (1-2 ) , Right step back (3-4),  
mambo left back, hold ( 10:30 )  
65-72                   ¼ Turn Right step Right fwd diagonal right (1-2 ) , Left step fwd  
(3-4), mambo Right fwd, hold ( 01:30 )  
73-80                   Repeat 57-64  
81-88                   \*1/8 Left turn Step Right to right, hold ( 1-2) Cross Left over right,  
hold( 3-4 ) hitch Right, touch right to right, hitch R, touch R (5-8)  
89-96                   Cross right behind left (1)step left (2) cross right over left (3),  
Slide left to left (4)- hold (12:00 )

## **DANCE:-**

### **(1-8 ) Slide Right, Hold, Hit Right Left Thigh, Sway Right Left, Sway Right Hitch Left, Hold**

- 1-2                      Slide right to right, hold ( styling ; both hands at chest elbow up )  
3-4                      Get down hit right thigh & left thigh  
5-6                      Sway right & left. ( Styling; right arm palm up follow body curve, then left arm palm up)  
7-8                      Hitch left , hold

### **( 9-16 ) Touch diagonal Right, Step back, Cross step cross hold.**

- 1-4                      Touch left diagonal right, hold, step back on left, hold  
5-8                      Cross right behind left, step left to left, cross right in front of left, Hold

### **(17-24) Touch diagonal left, Step back, Sailor ¼ Turn , Hold**

- 1-4                      Touch left diagonal left, hold, step back on left, hold  
5-8                      ¼ turn left cross right behind left, step left to left, step right slightly fwd, hold ( 09:00 )

### **(25-32) Rocking Chair , ¼ Turn right, Cross left, Hold**

- 1-4                      Step left fwd, recover on right, step left back, recover on right.

5-8 Step left fwd, ¼ turn right, cross left in front of R, hold (12;00)

**(33 -40 ) Box with Hitch**

1-4 Step right to right, step left next to right, step fwd right, hitch left

5-8 Step left to left, step right next to left, step back left, hitch right

**(41-48 ) Right touch side, Hitch, touch, hitch, touch, ¼ Turn right, Turn knee left, right**

1-5 Right touch side, hitch , touch side, hitch, touch side.

6 With right still touch side, make ¼ turn right ( 03;00 )

7-8 Turn knee left & right

**(49-56) Step back right Left heel & shake shoulder, Coaster step, Hold**

1-4 Step back on right left heel shake shoulder – hold

5-8 Step back on left, step back right next to left, forward on left

**(57 -64 ) Step Right Forward, hold, ¼ Turn Right step Left, Hold, Touch Right diagonal Left, hold, Hitch Right, Hold.**

1-4 Step fwd on right, hold, ¼ turn right slide right, hold (06;00)

5-8 Touch right diagonal left, hold, hitch right. Hold

**Begin again**

**Restart : On wall 4 after ct 32 (06:00 ) & wall 6 after ct 40 ( 12:00 )**

**Contact: [www.sagitadance.com](http://www.sagitadance.com) & [www.meiske.net](http://www.meiske.net)**

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