

Nothing Compares 2 U

拍数: 32 墙数: 2 级数: Advance NC2
编舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - October 2014
音乐: Nothing Compares 2 U - Natalie Gauci



We have given a lot of thought to the start of this dance and we think the best way to accomplish a smooth transition is to have your weight already placed on your left foot (count 1). Approx. 7- 8 seconds into song you will hear like a 'ping' in the music and you will start the dance on count 2 (rock R back) on the word 'IT'S' & recover on 'BEEN' when she sings 'it's been 7 hours and 13 days'.

It's quite an intricate start point, you just have to listen a few times and you will understand better

[1-8&] □ L NC basic, ¼ L, ½ L, R fwd, ¼ L pivot turn, R cross rock/recover/side, L cross rock/recover, L side, R cross step

- 1-2& Step L side, rock R back, recover weight on L
- 3& Turning ¼ left step R back, turning ½ left step L forward (3 o'clock)
- 4& Step R forward, pivot ¼ left (12 o'clock)
- 5&6 Cross rock R over L, recover weight on L, step R side
- 7& Cross rock L over R, recover weight on R
- 8& Step L side, cross step R over L

[9-16&] □ L NC basic, ¼ L, ½ L, ½ L, ½ L, R fwd, L fwd, ½ R pivot, L fwd, L fwd full turn, R fwd

- 1-2& Step L side, rock R back, recover weight on L
- 3& Turning ¼ left step R back, turning ½ left step L forward (3 o'clock)
- 4& Turning ½ left step R back, turning ½ left step L forward (3 o'clock)
- 5 Step R forward
- 6&7 Step L forward, pivot ½ right, step L forward (extended 5th) (9 o'clock)
- 8&8 Turning ½ left step R back, turning ½ left step L forward, step R forward (9 o'clock)

TAG/RESTART: WALL 3 dance up to count 15, add the following tag and restart the dance facing front wall:

- 8&8 Turning ½ left step R back, turning ¼ left step L side, cross step R over L (12 o'clock)

[17-24&] L fwd turning ¼ L & sweep, weave R 2, R behind turning ¼ L & sweep, L behind, R side, L cross unwind ½ R, R behind, L side, R cross ¾ L, L rock back/recover

- 1 Step L forward sweeping R from back to front turning ¼ left (6 o'clock)
- 2& Cross step R over L, step L side
- 3 Step R behind L sweeping L from front to back turning ¼ left (3 o'clock)
- 4& Cross step L behind R, step R side
- 5& Cross step L over R, unwind ½ right keeping weight on L sweeping R from front to back (9 o'clock)
- 6& Cross step R behind L, step L side
- 7& Cross step R over L, unwind ¾ left keeping weight on R sweeping L from front to back (12 o'clock)
- 8& Rock L back, recover weight on R

[25-32&] L fwd with R spiral, R fwd, ½ R & L back, R back rock/recover, L full turn fwd, R fwd, L fwd rock/recover, L back, R coaster cross

- 1 Step L forward spiralling full right with R lift over L (12 o'clock)
- 2& Step R forward, turning ½ right step L back (6 o'clock)
- 3& Rock R back, recover weight on L
- 4& Turning ½ left step R back, turning ½ left step L forward (6 o'clock)
- 5-6&7 Step R forward, rock L forward, recover weight on R, step L back
- 8&8 Step R back, step L together, cross step R over L

BIG ENDING: You will be facing the back, execute the 1st 1-4& counts of the dance cross your R over L, unwind ½ left to face the front and strike a pose!

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