

The Promise And The Dream

COPPERKNOB
STEPSHEETS

拍数: 36 墙数: 2 级数: Improver
编舞者: Marja Urgert (NL) & Jan Van Tiggelen (NL) - February 2015
音乐: The Promise and the Dream - Patrick Feeney



Intro: 16 Counts

S1: R Side, Together, Chasse R With 1/4 Turn R, Step L Fwd, 1/2 Turn With R Hook, Step R fwd, Flick L Behind R, L Chasse

1-2 Step R to R side, Step L next to R
3&4 Step R to R side, Step L next to R, 1/4 Turn R Step fwd on R (3:00)
5&6 Step fwd on L, 1/2 Turn R hook R across L leg, Step fwd on R (9:00)
&7&8 Flick L behind R leg, Step L to L side, Step R next to L, Step L to L side

S2: Heel Jacks X2, Cross R over L, Step L Back, Side, Cross, Side

1&2 Cross R over L, Small step to L side, Touch R heel diagonal fwd
&3&4 Step R together, Cross L over R, Small step to R side, Touch L heel diagonal fwd
&5-6 Step L together, Cross R over L, Step L back
7&8 Step R to R side, Cross L over R, Step R to R side ***Tag & Restart***

S3: L Back Rock, Recover, Heel Switches, Hook, Step Fwd, Scuff, Step Fwd, 1/4 Turn L, Cross

1-2 Rock L back, Recover
3&4 Touch L heel fwd, Step L next to R, Touch R heel fwd
&5&6& Step R next to L, Touch L heel fwd, hook L across R leg, Step L fwd, Scuff R fwd
7&8 Step R fwd, 1/4 Turn L, Cross R over L (6:00)

S4: 1/2 Turn R, Cross Shuffle, 1/2 Turn L, Cross Shuffle

1-2 1/4 Turn R step L back (9:00), 1/4 Turn R step R to R side (12:00)
3&4 Cross L over R, Step R to R side, Cross L over R
5-6 1/4 Turn L step R back (9:00), 1/4 Turn L step L to L side (6:00)
7&8 Cross R over L, Step L to L side, Cross R over L

S5: Step L Together, R Stomp Over L, Recover, R Side Rock, Recover, R Stomp Over L, Recover, Touch

&1&2& Step L next to R, Somp R over L, Recover on L, R side rock, Recover
3&4 Stomp R over L, Recover on L, Touch R beside L

TAG & RESTART: During Wall 5 dance up to count 16 (9:00)

1/4 Turn L, Touch

1-2 1/4 Turn L step L fwd (6:00), Touch R beside L

Restart the dance

END: During Wall 9 dance up to count 15 on count 16 make a 1/4 Turn R step L fwd, Step R next to L

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