

She Moves

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Phil Carpenter (UK) - February 2015
音乐: She Moves (Far Away) (feat. Graham Candy) - Alle Farben : (Single - iTunes)



#32 count intro – 120 bpm

SECTION 1: RIGHT CROSS, RECOVER, CHASSE RIGHT, LEFT CROSS, UNWIND ¾ RIGHT, LEFT SHUFFLE FORWARD.

1-2 Right foot cross In front of Left, replace weight on Left foot.
3&4 Right foot step side Right, Left foot step beside Right, Right foot step side Right.
5-6 Left foot cross over Right, Unwind ¾ turn Right. (9.00)(W.o.R.)
7&8 Left foot step forward, Right step forward beside Left, Left foot step forward.

SECTION 2: WALK FORWARD RIGHT, LEFT, RIGHT KICK FORWARD, OUT, OUT, SWAY RIGHT & LEFTRIGHT SAILOR STEP.

9 - 10 Walk forward Right, Left.
11 & 12 Right foot kick forward, Right step to Right side, Left to Left side
13 - 14 Sway Right, Sway Left
15 & 16 Right cross behind Left, Left step to Left side, Right step Right side.

Restart Dance at this point during wall 4, (You'll be at 6.00.)

SECTION 3: LEFT TOUCH BACK, ½ PIVOT TURN LEFT, RIGHT & LEFT SAMBA STEPS, RIGHT ROCK FORWARD, RECOVER.

17 -18 Left touch back, Unwind ½ Turn Left. (3.00) (W.o.L.)
19 & 20 Travelling Forward, Right Cross In front of Left, Left Step to Left Side, Right Step to Right Side.
21 & 22 Travelling Forward, Left Cross In front of Right, Right Step to Right Side, Left Step to Left side.
23 – 24 Right rock forward, Recover weight on Left

SECTION 4: SHUFFLE ½ TURN RIGHT TRAVELLING BACK X 2, RIGHT BACK ROCK, RECOVER, FULL TURN LEFT.

25 & 26 Shuffle ½ Turn Right, stepping Right, Left, Right (travelling back)
27 & 28 Shuffle ½ Turn Right, stepping Left, Right, Left (travelling back) (3.00).
29 – 30 Right rock back, Recover weight on Left
31 – 32 Right step forward turning ½ Turn Left, Left step back turning ½ turn Left. (Full Left turn) (3.00) (W.o.L)

REPEAT DANCE FACING NEW WALL - ENJOY & HAVE FUN

**** CHOREOGRAPHERS NOTE:

Restart required during wall 4: Only dance steps 1-16. Transfer weight to Left & Restart

Big Finish: Wall 11. Dance steps 1 – 31 (9.00) then.

Step 32: Left step back turning ¾ turn Left to face front, Arms out, Ta Dah.

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