

Uptown Slide

COPPER KNOB
BY STEPHEN

拍数: 40 墙数: 2 级数: Intermediate
编舞者: Rick Dominguez (USA) - February 2015
音乐: Uptown Funk (feat. Bruno Mars) - Mark Ronson



(1-8) RIGHT HITCH, SLIDE, LEFT HITCH, LEFT ROCK RECOVER, RIGHT ROCK RECOVER

&1 Hitch right knee up, big side step to the right
2-3,4 Pull left foot in on 2 & 3, hitch left knee on 4
5&6& Rock back on L, recover R, kick L heel, recover on L next to right.
7&8& Rock back on R, recover L, kick R heel, recover on R next to left.

(9-16) LEFT SIDE BUMP, STEP, 1/4 SAILOR, STOMP LEFT, HIP BUMP BALL STEP, R HITCH

1&2 Bump left to left side, bring weight back to center, step left.
3&4 Swing R foot around 1/4 turn stepping R back, L in place, R forward. (3 O'clock)
5 Stomp left foot forward.
6&7 Bend both knees and you bump hips down, bump back up as you bring your right foot next to left, step forward on right.
8 Bring right knee up next to left.

(17-24) SIDE ROCKING IN PLACE (BAR CHA-CHA RHYTHM) X2 *STYLING TIP -(JUNGLE LOVE STEP)

1,2 Step right to R side as you rock and transfer weight from right to left.
3&4 Rock or sway right, left, right in place.
5,6 Rock or sway left, right.
7&8 Rock or sway left, right, left (prep weight on left (8) for a right slide)

(25-32) RIGHT SLIDE, RIGHT HITCH, SYNCOPATED BACK RIGHT HITCH STEPS, LEFT HITCH

1-3,4 Big step to the right side, dragging your left foot in by count 3, step L next R as you slightly hitch R.
&5&6&7 Step R back as L slides toward R, step L next R as R slightly hitches. (Repeat 2 more times)
(small steps) *Styling tip (Hands go to the sides on 4 and pop up on whole counts, 5,6,7,8)
8 Step R back as you slightly hitch L.

(33-40) LEFT PRESS FORWARD, HITCH, TRIPPLE FORWARD, 1/4 SIDE ROCK RIGHT, RECOVER, FULL TURN

1,2 Press forward on L, recover on R as you slight hitch your left knee up.
3&4 Triple step forward left, right, left
5,6 ¼ side rock to the R, recover on left as you prep for a turn. (6 O'clock)
7,8 Spin to the right full turn, ½ on right, ½ on left. (momentum of spin sets you up for the right hitch on the & of 1 as you slide into the back wall)

START AGAIN - No Tags, No Restarts

For more info, contact DJ Rick Dominguez: Oneraddj@gmail.com

Last Update – 17 Feb. 2019