

Keep On Dancing!

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Intermediate
编舞者: Ann-Kristin Sandberg (NOR) - January 2015
音乐: Can't Stop Dancin' - Becky G. : (iTunes)



INTRO: 16 Counts

S1: MAMBO STEPS RIGHT-MAMBO STEPS LEFT-ROCK RECOVER-POINT-COASTER STEP

1&2 Step right foot to right side, Recover onto left, Step right next to left
3&4 Step left foot to left side, Recover onto right, Step left next to right
5&6 Step right forw, Recover onto left, Point right out to right side
7&8 Step right back, Step left next to right, Step right forw

S2: ROCK RECOVER-TOGETHER-1/4 TURN R CHASSE-CROSS RECOVER-SIDE-CROSS RECOVER-SIDE

1-2& Step left forw, Recover onto right, Step left next to right
3&4 ¼ turn right stepping right to right side, Step left next to right, Step right to right(03)
5&6 Cross left over right, Recover onto right, Step left to left side
7&8 Cross right over left, Recover onto left, Step right to right side

S3: WALK BACK x 2-COASTER STEP-FORW-PIVOT ¼ TURN L-TOGETHER-SIDE RECOVER

1-2 Step left back, Step right back
3&4 Step left back, step right next to left, Step left forw
5-6 Step right forw, Pivot ¼ turn left (facing 12)(weight on left)
&7-8 Step right next to left, Step left to left side, Recover onto right

S4: JAZZBOX-STEP-ROCK RECOVER-1/4 TURN L-ROCK RECOVER

1-2 Cross left over right, Step right back
3-4 Step left to left side, Step right forw
5&6 Step left forw, Recover onto right, ¼ turn left stepping left to left side (facing 09)
7-8 Step right forw, Recover onto left

S5: SHUFFLE BACK-POINT BACK-1/4 TURN L-STEP-PIVOT ½ TURN L-STEP-PIVOT ½ TURN L

1&2 Step right back, Step left next to right, Step right back
3-4 Touch left toe back, Pivot ¼ turn left (06)(weight on left)
5-6 Step right forw, Pivot ½ turn left (12) (weight on left)
7-8 Step right forw, Pivot ½ turn left (06) (weight on left)

S6: STEP-1/4 TURN R-POINT-STEP-1/4 TURN L-POINT-STEP-PIVOT ½ TURN L-STEP-PIVOT 1/4 TURN L

1-2 Step right forw, ¼ turn right pointing left toe to left side (facing 09)
3-4 ¼ turn left stepping left foot forw (06), ¼ turn left pointing right toe to right side (03)
5-6 Step right foot forw (03), Pivot ½ turn left (09)
7-8 Step right foot forw (09), Pivot ¼ turn left (06)(weight on left)

RESTARTS: -

Wall 2 (06) : Dance 40 counts & Restart facing 12
Wall 5 (12) : Dance 40 counts & Restart facing 06

ENJOY!

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