

# My Father Told Me

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Ann-Charlott "Lottie" Hertzman (SWE) - February 2015  
音乐: The Nights - Avicii



**Intro: Start on the word "once"**

**S1: Monterey ½, Hitch, Chasse, Behind, ¼ turn**

1-4            Point R to R side, ½ turn R step R next to L, Point L to L side, L hitch  
5&6           Step L to L side, Step R next to L, Step L to L side  
7-8           Step R behind L, ¼ turn L step L forward

**S2: Point R&L, Rockstep, ½ turn shuffle, L fwd, ¼ turn**

1&2&        Point R to R side, Step R next to L, Point L to L side, Step L next to R  
3-4           R rock forward, Recover on to L  
5&6           ¼ turn R step R side, Step L next to R, ¼ turn R step R side  
7-8           Step L forward, ¼ turn R

**S3: Dorothy Step L&R, Walk, Out-Out, In-In**

1-2&        Step L diagonal L forward, Step R behind L, Step L diagonal forward  
3-4&        Step R diagonal R forward, Step L behind R, Step R diagonal forward  
5-6           Walk forward L, R  
&7&8        Step L to L side, Step R to R side, Step L back to centre, Step R next to L

**S4: Rockstep, ¼ turn sailor step, Behind-Side-Cross, Step touch**

1-2           L side rock, Recover on to R  
3&4           ¼ turn L step L behind R, Step R next to L, Step L to L side  
5&6           Step R behind L, Step L to L side, Step R cross over L  
7-8           Step L to L side, Touch R next to L

**S5: Heels fwd R&L,**

1&2&        Touch R heel forward, Step R next to L, Touch L heel forward, Step L next to R  
3-4&        Touch R heel forward twice, Step R next to L  
5&6&        Touch L heel forward, Step L next to R, Touch R heel forward, Step R next to L  
7-8&        Touch L heel forward twice, Step L next to R

**S6: Shuffle, Rockstep, Coaster step, Fwd, ¼ turn**

1&2           Step R forward, Step L next to R, Step R forward  
3-4           L forward rock, Recover on to R  
5&6           Step L back, Step R next to L, Step L forward  
7-8           Step R forward, ¼ turn L (weight on L)

**S7: Cross shuffle, ¼ turn twice, Cross rockstep, Chasse**

1&2           Cross R over L, Step L to L side, Cross R over L  
3-4           ¼ turn R step L back, ¼ turn R step R to R side  
5-6           L cross rock over R, Recover on to R  
7&8           Step L to L side, Step R next to L, Step L to L side

**S8: Fwd, ½ turn, Kickball step, Jazz box**

1-2           Step R forward, ½ turn L (weight on L)  
3&4           Kick R forward, Step R next to L, Step L forward  
5-8           Step R cross over L, Step L back, Step R to R side, Step L forward

**Have fun on the floor!!**

**Dance Sequence:-**

**Wall 1 (12.00) 64 count**

**Wall 2 (6.00) 32 count**

**Wall 3 (3.00) 64 count,**

**Wall 4 (9.00) 64 count**

**Wall 5 (3.00) 32 count**

**Wall 6 (12.00) 64 count**

**Wall 7 (6.00) 32 count**

**Ending: Wall 7 dance 1-32 count**

**Turn  $\frac{1}{4}$  L step R to R side "Ta-da"**

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