Hard to Say It!

拍数: 32 **墙数:** 4 **级数:** Intermediate NC

编舞者: Niels Poulsen (DK) - January 2015

音乐: Hard to Say I'm Sorry - Chicago : (Album: The Best of Chicago, 40th Anniversary Edition, Remastered - iTunes, etc. - 3:41)

Intro: 24 count intro (20 secs. into track). Start with weight on L foot

Restart: Wall 3 (starts facing 6:00), after counts 4& in your 3rd section, now facing 12:00

NOTE: The music slows down slightly from counts 29-32 of wall 5 (facing 6:00).
Slow down your steps and enjoy the explosion into count 1 of the dance again!

[1 – 9] R basic, L side rock cross, ¼ L, L back rock, walk L, ¼ L into R scissor step

1 – 2&	Step R a big step to R side (1), step L behind R (2), cross R over L (&) 12:00
3&4&	Rock L to L side (3), recover on R (&), cross L over R (4), turn ¼ L stepping back on R (&) 9:00
5 – 7	Rock back on L (5), recover fwd on R (6), walk fwd on L (7) 9:00
8&1	Turn ¼ L stepping R to R side (8), step L behind R (&), cross R over L (1) 6:00

[10 – 17] L side rock, weave into L diagonal back rock, ½ R sweep, ½ R and run R L into R rock

2 – 3	Rock L to L side (2), recover on R (3) – Styling: try to add sways in upper-body in sways 6:00
4&	Cross L over R (4), step R to R side (&) 6:00
5 – 7	Turn 1/8 L rocking L back (5), recover fwd on R (6), turn ½ R stepping back on L sweeping R to R side (7) 10:30
8&1	Turn another ½ R on L running fwd on R (8), run L fwd (&), rock fwd on R (1) 4:30

[18 – 24] Recover & cross, reverse rolling vine, 3/8 of a diamond box

2&3	Recover back on L (2), turn 1/8 R stepping R to R side (&), cross L over R (3) 6:00
4&5	Turn ¼ L stepping back on R (4), turn ½ L stepping fwd on L (&) *, turn ¼ L stepping R to R side (5)

*** On wall 3, after counts 4&, turn ¼ L on L and RESTART, now facing 12:00 6:00**

6&7	Turn 1/8 L stepping back on L (6), step back on R (&), turn 1/8 L stepping L to L side (7) 3:00
8&	Turn 1/8 L stepping fwd on R (8), step fwd on L (&) 1:30

[25 – 32] Cross rock R, side R & drag, ½ turn run around L with R sweep, cross, L side cross

1 – 2&3	Cross rock R fwd on over L (1), recover on L (2), turn 1/8 R stepping R a big step to R side (&), drag L next to R turning body slightly R to prepare for next turn to the L (3) 3:00
4&5	Turn 1/8 L stepping fwd on L (4), turn 1/8 L stepping R fwd (&) turn ¼ L stepping fwd onto L sweeping R fwd (5) – 9:00

NOTE: take small steps in your run around semi-circle

6	Cross R over L (6) 9:00
7 – 8&	Rock L to L side (7), recover on R (8), cross L over R (&) 9:00

Start again

Ending: Last wall is wall 8 which starts facing 12:00. Do up to count 19, now facing 6:00,
then turn ¼ L twice and do 3 prissy walks fwd R L R and drag L next to R. You're now facing 12:00.

4&	Turn ¼ L stepping back on R (4), turn ¼ L stepping L to side but also slightly fwd (&) 12:00
5 – 8	Cross walk R over L (5), cross walk L over R (6), cross walk R over L (7), drag L next to R (8) 12:00

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