

Shake Your Boom Boom

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Phrased Intermediate
编舞者: Malene Jakobsen (DK) - January 2015
音乐: Shake Your Boom Boom - DJ Sombrilla



Note: If you have trouble finding the music, let me know.

Note 2: A huge thank you to Simon Ward for helping me out with the B part

Intro: 32 counts, 21 sec. into track - dance begins with weight on L

'Restart': There is 1 short PART A. The 7th time you start part A you're facing 6.00, dance up to count 1&2 in section 2 (you will be facing 9.00), replace some steps (3&4) - and go straight into part B walking forward – you are then facing 3.00

Sequence: AB AAB AABB A short A BB

PART A – 32 counts

A[1-8] Chasse, back rock, side rock, samba step, jazz box 1/4

1&2 (1) Step R to R, (&) step L next to R, (2) step R to R 12.00
&3&4 (&) Rock back on L, (3) recover onto R, (&) rock L to L, (4) recover onto R 12.00
5&6 (5) Cross L over R, (&) rock R to R, (6) recover onto L 12.00
7&8 (7) Cross R over L, (&) step slightly diagonally back on L, (8) turn 1/4 R stepping R to R 3.00

A[9-16] Step, back rock, step, back rock, mambo step, coaster step

1&2 (1) Make small step fwd. on ball of L, (&) rock back on R, (2) recover onto L 3.00
3&4 (3) Make small step fwd. on ball of R, (&) rock back on L, (4) recover onto R 3.00

NOTE Restart after short A is here, you will be facing 9.00 – REPLACE COUNT 3-4 WITH – (3) STEP FWD. ON R (4) TURN 1/2 L GOING STRAIGHT INTO B WALKING STRAIGHT FWD.

5&6 (5) Rock fwd. on L, (&) recover onto R, (6) step slightly back on L 3.00
7&8 (7) Step back on R, (&) step L next to R, (8) step fwd. on R 3.00

A[17-24] Mambo 1/4, cross shuffle, side rock 1/4, together, step, scoot

1&2 (1) Rock fwd. on L, (&) recover onto R, (2) turn 1/4 L stepping L to L 12.00
3&4 (3) Cross R over L, (&) step L to L, (6) cross R over L 12.00
5&6 (5) Rock L to L, (&) recover onto R making 1/4 turn L, (6) step L next to R 9.00
7-8 (7) Step fwd. on R, (8) scoot fwd. on R 9.00

Option: If you don't want to scoot, just touch L toes next to R

A[25-32] Chasse, cross rock, side, cross rock, side, cross, side, drag

1&2 (1) Step L to L, (&) step R next to L, (2) step L to L 9.00
3&4 (3) Rock R across L, (&) recover onto L, (4) step R to R 9.00
5&6& (5) Rock L across R, (&) recover onto R, (6) step L to L, (&) cross R over L 9.00
7-8 (7) Step L big step L, (8) drag R towards L 9.00

Part B – 16 counts

B[1-8] 1/4, walks with shimmies, 1/4, bump hips

1-2-3-4 (1) Turn 1/4 R stepping fwd. on R, (2-3-4) walk fwd. L, R, L with shoulder shimmies 12.00
5&6&7&8 (5) Turn 1/4 L stepping R to R bumping R hip, (&6&7&8) bump hips keeping L, R, L, R, L, R weight on R (or shake it) 9.00

B[9-16] 1/4, walks with shimmies, 1/4, bump hips

1-2-3-4 (1) Turn 1/4 L stepping fwd. on L, (2-3-4) walk fwd. R, L, R with shoulder shimmies 6.00
5&6&7&8 (5) Turn 1/4 R stepping L to L bumping L hip, (&6&7&8) bump hips L, R, L, R, L, R keeping weight on L (or shake it) 9.00

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