

# The wave of Gulangyu Islet (鼓浪屿之波) (zh)

COPPER KNOB  
STEPSHEETS

拍数: 68                      墙数: 2                      级数: Phrased Intermediate  
编舞者: Du Wei (CN) - 2012年05月  
音乐: Waves of Gulang Island (鼓浪屿之波) - Zhong Limin (钟立民)



Dance Sequence: AABAAB ENDING  
舞蹈顺序: AABAAB ENDING

Intro: 36 counts  
前奏: 36拍

PATTERN A: 32 counts  
A组 32拍

A1: STEP SIDE, DRAG, CROSS, BESIDE, STEP, 1/2 TURN, SWEEP,  
CROSS, BESIDE, FORWARD, SWEEP, CROSS, BESIDE, LEFT MAMBO

1-2&                      Step right to right side and drag left, Cross left behind right, step right beside left.  
3                              Step left to left side, turn 1/2 left and sweep right from back to forward (6:00).  
4&                              Cross right over left, step left beside right.  
5-6&                      Step right forward and sweep left from back to forward, Cross left over right, step right beside.  
7-8&                      Step left back, Recover to right, step left beside right.

A1: 横踏, 拖步, 交叉步, 旁并, 踏, 转体1/2, 扫, 交叉步, 旁并, 进, 扫, 交叉步, 旁并, 退, 回重心

1-2&                      右横步同时左脚拖步, 左在右后交叉, 右并步。  
3                              左横步左转1/2, 同时向前扫右脚(面向6:00)。  
4&                              右在左前交叉, 左并步。  
5-6&                      右前踏同时左向前扫, 左在右前交叉, 右并步。  
7-8&                      左后退, 重心回右, 左并步。

A2: STEP SIDE, RECOVER, CROSS, back, 1/2 TURN, FORWARD, STEP  
SIDE, RECOVER, CROSS, back, 1/4 TURN, FORWARD,

9&10                      Step right to right side, Recover to left, Cross right over left.  
11&12                      Step left back, Turn 1/2 right and step right forward(12:00), Step left forward.  
13&14                      Step right to right side, Recover to left, Cross right over left.  
15&16                      Step left back, Turn 1/4 right and step right forward(3:00), Step left forward.

A2: 横步, 回重心, 交叉步, 退, 转体1/2, 进, 横步, 回重心, 交叉步, 退, 转体1/4, 进

9&10                      右横步, 重心回左, 右在左前交叉。  
11&12                      左后踏, 右转1/2同时右前踏(面向12:00), 左前踏。  
13&14                      右横步, 重心回左, 右在左前交叉。  
15&16                      左后踏, 右转1/4同时右前踏(面向3:00), 左前踏。

A3: SIDE, RECOVER, WEAVE, TOUCH, FORWARD, BACK, 5/4 TURN, FORWARD, FORWARD, recover,  
FORWARD, Turn 1/2 left

17&18&                      Step right to right side, Recover to left, Cross right over left, Step left to left side.  
19&20                      Cross right behind left, Step left to left side, Touch right toe together.  
21&22                      Turn 1/4 right and step right forward(6:00), Turn 1/2 right and step left back(12:00), Turn 1/2  
right and step right forward(6:00)  
23&24                      Step left forward, Recover to right, Turn 1/2 left and step left forward(12:00).

A3: 横步, 回重心, 波浪步, 旁点, 进, 退, 转体5/4, 进, 进, 回重心, 进, 左转1/2

17&18&                      右横步, 重心回左, 右在左前交叉, 左横步。  
19&20                      右在左后交叉, 左横步, 右在左旁点并。

- 21&22 右转1/4同时右前踏(面向6:00),继续右转1/2同时左后退(面向12:00),继续右转1/2同时右前踏(面向6:00)。  
23&24 左前踏,重心回右,左转1/2同时左前踏。

#### **A4: BACK,BACK,COASTER STEP,FORWARD,RECOVER,1/2 TURN,SHUFFLE**

- 25-26 Step right back,Step left back.  
27&28 Step right back,step left beside right,step right forward.  
29-30-31&32 Step left forward,Recover to right,Turn 1/2 left and forward shuffle left, right,left(6:00).

#### **A4: 退,退,交换步,进,回重心,转体1/2,恰恰**

- 25-26 右后退,左后退。  
27&28 右后退,左并于右,右前踏。  
29-30-31&32 左前踏,重心回右,左转1/2同时左前恰恰(面向6:00)。

#### **B PATTERN:36 counts**

#### **B组 36拍**

#### **B1: STAMP,1/4TURN,SWEEP,BACK,RECOVER,turn 3/4,STEP SIDE,BESIDE,sweep,1/2turn ,CROSS,beside,CROSS,back,turn 1/4,sweep**

- 1-2& Stamp right back,Turn 1/4 left and SWEEP left(9:00),step back left,recover to right.  
3-4& Turn 1/2 left and step left forward(3:00),turn 1/4 left and step right to right side,step left beside right.  
5-6& step right to right side,turn 1/2 right and sweep left(6:00),Cross left over right,step right beside left.  
7-8& Cross left over right,Stomp right back,and turn 1/4 left,sweep left(3:00).

#### **B1: 重踏,转体1/4,抬扫,退,回重心,转体3/4,横步,并步,抬扫,转体1/2,交叉步,旁并,交叉步,退,转体1/4,抬扫**

- 1-2& 右后重踏,左转1/4同时左抬向左扫(面向9:00),左后踏,重心回右。  
3-4& 左转1/2同时左踏(面向3:00),左转1/4(面向12:00),右横步,左并于右。  
5-6& 右横步,右转1/2,同时向前扫左脚(面向6:00),左在右前交叉,右并步。  
7-8& 左在右前交叉,右后重踏同时左转1/4,左抬向左扫(面向3:00),

#### **B2: Coster,Turn 3/4,chasse,behind ,RECOVER,side**

- 9&10 Step left back,step right beside left,step left forward.  
11-12 Turn 1/4 right and step right forward(6:00),turn 1/2 right,step left back(12:00).  
13&14 Step right to right side,step left beside,step right side.  
15&16 Cross left behind right,Recover to right,step left to left side.

#### **B2: 交换步,转体3/4,交叉步,回重心,旁**

- 9&10 左后退,右并左,左前踏。  
11-12 右转1/4同时右前踏(面向6:00),继续右转1/2,左后踏(面向12:00)。  
13&14 右横步,左并于右,右横步。  
15&16 左在右后交叉,重心回右,左横步。

#### **B3: Weave,STEP SIDE,TOUCH SIDE>(\*2)**

- 17&18& Cross right over left,step left side,Cross right behind left,step left side.  
19-20 Cross right over left,touch left toe to left side.  
21&22& Cross left over right,step right side,Cross left behind right,step right side.  
23-24 Cross left over right,touch right toe to right side.

#### **B3: 纺织步,横步,侧点**

- 17&18& 右在左前交叉,左横步,右在左后交叉,左横步。  
19-20 右在左前交叉,左脚向左侧点。  
21&22& 左在右前交叉,右横步,左在右后交叉,右横步。  
23-24 左在右前交叉,右脚向右侧点。

#### **B4: STAMP,sweep,BACK,coaster, SIDE mambo,SIDE mambo**

- 25&26 Stamp right back and sweep left,step left back.  
27&28 Step right back,step left beside,step right forward.

29&30 Step left to left side,Recover to right,step left beside right.  
31&32 Step right to right side,Recover to left,step right beside left  
**B4: 重踏，抬扫，退，交换步，横曼波，横曼波**  
25&26 右后重踏同时左前抬向左扫，左后退。  
27&28 右后退，左并右，右前踏。  
29&30 左横步，重心回右，左并右。  
31&32 右横步，重心回左，右并左。

**B5: Forward, Recover ,Turn full left , shuffle**

33-34-35&36 Step left forward, Recover to right,Turn full left and shuffle forward left, right,left(12:00).

**B5: 进，回重心，转体360°，恰恰**

33-34-35&36 左前踏，重心回右，左转360°同时左前恰恰(面向12:00)。

**Ending:only dance 1-8 of pattern A.**

**结束句：只跳A组的1 - 8拍**

**Please refer to the videa for details of arms movement.**

**上身动作参考视频**

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