

Butterfly In My Dream (夢中的蝴蝶) (zh) COPPER KNOB

拍数: 64 墙数: 4 级数: Easy Intermediate
编舞者: Amy Yang (TW) - 2015年01月
音乐: Butterfly In My Dream (夢中的蝴蝶) - Chang An (常安)



Intro : 32 counts

Sec. 1 □ CROSS, RECOVER, SIDE, HOLD (R&L)

1 – 4 Cross RF over LF, Recover onto LF, Step RF to R, Hold
5 – 8 Cross LF over RF, Recover onto RF, Step LF to L, Hold
1 – 4 右足交叉左足前, 重心回左足, 右足右踏, 停拍
5 – 8 左足交叉右足前, 重心回右足, 左足左踏, 停拍

Sec. 2 □ CROSS SHUFFLE, HOLD, SIDE, RECOVER, 1/4 TURN R, HOLD

1 – 4 Cross RF over LF, Step LF to L, Cross RF over LF, Hold
5 – 8 Step LF to L, Recover onto RF, 1/4 turn R stepping forward on LF, Hold (03:00)
1 – 4 右足交叉左足前, 左足左踏, 右足交叉左足前, 停拍
5 – 8 左足左踏, 重心回右足, 右轉1/4左足前踏, 停拍 (03:00)

Sec. 3 □ FORWARD SHUFFLE, HOLD, CROSS SHUFFLE, HOLD

1 – 4 Step RF forward, Lock LF behind RF, Step RF forward, Hold
5 – 8 Cross LF over RF, Step RF to R, Cross LF over RF, Hold
1 – 4 右足前進踏, 左足鎖步於右足後, 右足前進踏, 停拍
5 – 8 左足交叉右足前, 右足右踏, 左足交叉右足前, 停拍

Sec. 4 □ SIDE, RECOVER, CROSS, HOLD, SIDE, RECOVER, 1/4 TURN R, HOLD

1 – 4 Step RF to R, Recover onto LF, Cross RF over LF, Hold
5 – 8 Step LF to L, Recover onto RF, 1/4 turn R stepping forward on LF, Hold (06:00)
1 – 4 右足右踏, 重心回左足, 右左足交叉左足前, 停拍
5 – 8 左足左踏, 重心回右足, 右轉1/4左足前踏, 停拍 (06:00)

Sec. 5 □ BOX STEP

1 – 4 Step RF to R, Step LF beside RF, Step RF forward, Touch LF together
5 – 8 Step LF to L, Step RF beside LF, Step LF back, Touch RF together
1 – 4 右足右踏, 左足併於右足旁, 右足進踏, 左足併點右足旁
5 – 8 左足左踏, 右足併於左足旁, 左足退踏, 右足併點左足旁

Sec. 6 □ ROLLING VINE, POINT (R&L)

1 – 4 1/4 turn R stepping forward on RF, 1/2 turn R stepping back on LF, 1/4 turn R stepping on RF, Point LF to L
5 – 8 1/4 turn L stepping forward on LF, 1/2 turn L stepping back on RF, 1/4 turn L stepping on LF, Point RF to R
1 – 4 右轉1/4右足前踏, 右轉1/2 左足退踏, 右轉1/4右足踏, 左足左側點
5 – 8 左轉1/4左足前踏, 左轉 1/2右足退踏, 左轉1/4 左足踏, 右足右側點

Sec. 7 □ FORWARD, RECOVER, BACK SHUFFLE, BACK, RECOVER, FORWARD, 1/4 TURN R

1 – 4 Step RF forward, Recover onto LF, Step RF back, Lock LF over RF, Step RF back
5 – 8 Step LF back, Recover onto RF, Step LF forward, 1/4 turn R stepping on RF (09:00)
1 – 4 右足前踏, 重心回左足, 右足後踏, 左足鎖步於右足前, 右足後踏
5 – 8 左足退踏, 重心回右足, 左足前踏, 右轉 1/4右足踏 (09:00)

Sec. 8 □ FORWARD, RECOVER, SIDE, RECOVER, COASTER, HOLD

1 – 4 Step forward LF, Recover onto RF, Step LF to L, Recover onto RF

5 – 8 Step back LF, Step RF beside LF, Step forward LF, Hold
1 – 4 左足前踏, 重心回右足, 左足左踏, 重心回右足
5 – 8 左足退踏, 右足併於左足旁, 左足前踏, 停拍

TAG : After wall 1, Add 4 counts tag (facing 09 : 00)

加拍：跳完第一牆面，加跳4拍(面向09:00)

1 - 4 Sway hip R, Hold, Sway hip L, Hold

1 - 4 搖擺右臀, 停拍, 搖擺左臀, 停拍

Have Fun & Happy Dancing!

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