

Movin' On Up

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Sue Wilson (NZ) - June 1996
音乐: Moving On Up - M People



[1 – 8] R Side Shuffle, Rock Bck Fwd, L Side Shuffle, Rock Bck Fwd

1 & 2 3 4 R Side Shuffle (RLR), L Rock Back, Recover onto R
5 & 6 7 8 L Side Shuffle (LRL), R Rock Back, Recover onto L

[9 – 16] R Shuffle Fwd, Pivot ½ R, L Shuffle Fwd, Pivot ½ L

1 & 2 3 4 R Shuffle Fwd (RLR), Step L Fwd, Pivot ½ R
5 & 6 7 8 L Shuffle Fwd (LRL), Step R Fwd, Pivot ½ L

[17 – 24] Walk Fwd R L R, Dig L Heel, L Bck, Dig R Heel, R Bck, Dig L Heel

1 2 3 4 Walk Fwd R L R, Dig L Heel Fwd,
5 6 7 8 Step L Bck, Dig R Heel Fwd, Step R Bck, Dig L Heel Fwd

[25 – 32] L Rock Bck, Recover, Step L Fwd, Turn ¼ L & Scuff R, Hip Roll R L R L

1 2 3 4 L Rock Bck, Recover onto R, L Step Fwd, turn ¼L & Scuff R
5 6 7 8 Step onto R Rolling Hips R L R L

Dancing Feet Are Happy Feet

Have fun with this dance

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Last Update - 7 Oct 2023
