

# Movin' On Up

**COPPERKNOB**  
BY STEPHEN

拍数: 32      墙数: 4      级数: Improver  
编舞者: Sue Wilson (NZ) - June 1996  
音乐: Moving On Up - M People



---

## [1 – 8] R Side Shuffle, Rock Bck Fwd, L Side Shuffle, Rock Bck Fwd

1 & 2 3 4      R Side Shuffle (RLR), L Rock Back, Recover onto R  
5 & 6 7 8      L Side Shuffle (LRL), R Rock Back, Recover onto L

## [9 – 16] R Shuffle Fwd, Pivot ½ R, L Shuffle Fwd, Pivot ½ L

1 & 2 3 4      R Shuffle Fwd (RLR), Step L Fwd, Pivot ½ R  
5 & 6 7 8      L Shuffle Fwd (LRL), Step R Fwd, Pivot ½ L

## [17 – 24] Walk Fwd R L R, Dig L Heel, L Bck, Dig R Heel, R Bck, Dig L Heel

1 2 3 4      Walk Fwd R L R, Dig L Heel Fwd,  
5 6 7 8      Step L Bck, Dig R Heel Fwd, Step R Bck, Dig L Heel Fwd

## [25 – 32] L Rock Bck, Recover, Step L Fwd, Turn ¼ L & Scuff R, Hip Roll R L R L

1 2 3 4      L Rock Bck, Recover onto R, L Step Fwd, turn ¼L & Scuff R  
5 6 7 8      Step onto R Rolling Hips R L R L

**Dancing Feet Are Happy Feet**

Have fun with this dance

Contact - Email: [sioux.wilson@yahoo.com.au](mailto:sioux.wilson@yahoo.com.au)

Last Update - 7 Oct 2023

---