

# Shut Up and Dance

COPPER KNOB  
STEPPERS

拍数: 48      墙数: 0      级数: Intermediate  
编舞者: Cody Flowers (USA) - February 2015  
音乐: Shut Up and Dance - WALK THE MOON



Awards: USLDCC 2nd Place Intermediate/Advanced at The Big Bang Dance Classic 2015

\*2 Restarts (wall 3 & 5)

## (1-8) Scuff, Touch Back, $\frac{3}{4}$ Turn L, Sailor Step, Sailor Step

1 2            Scuff R, Touch R back  
3 4            Twist body R (to look back at 6:00),  $\frac{3}{4}$  Turn left stepping R to R side (9:00)  
5&6           Step L behind R, Step R to R side, Step L to L side  
7&8           Step R behind L, Step L to L side, Step R to R side

## (9-16) Hitch, Toe Touch, Knee Pops, & Rock Recover, & Rock Recover

1 2            Hitch L knee across body, STEP L back to L  
3 4            Pop R knee toward L, Pop L knee toward R Thank you! Cody  
&56           Step R beside L, Rock L to L side, Recover weight on R  
&78           Step L beside R, Rock R to R side, Recover weight on L

## (17-24) & Rock Recover, Back Lock Back, $\frac{3}{4}$ Turn R, Behind Side Cross

&12           Step R beside L, Step L forward rocking onto L, Recover weight on R  
3&4           Step back on L foot, Lock R over L, Step back on L foot  
5 6            $\frac{1}{4}$  Turn R stepping R to R side (12:00),  $\frac{1}{2}$  Turn R stepping L to L side (6:00)  
7&8           Step R behind L, Step L to L side, Cross R over L

## (25-32) Rock Recover, Behind Side Cross, Big Slide, Together, $\frac{1}{4}$ Coaster Step

1 2            Rock L to L side, Recover weight on R  
3&4           Step L behind R, Step R to R side, Cross L over R  
5 6            Large step R to R side, Drag L to R foot  
7&8            $\frac{1}{4}$  Turn L stepping back on L foot (3:00), Step R beside L, Step L forward

## (33-40) Kick and Touch, Kick and Touch, Cross in Front, Cross in Front

1&2           Kick R foot forward, Step R beside L, Touch L to L side  
3&4           Kick L foot forward, Step L beside R, Touch R to R side  
5&6           Cross R over L, Step L to L side, Step R forward  
7&8           Cross L over R, Step R to R side, Step L forward

\*\*Restart here on Walls 3 & 5.

## (41-48) $\frac{1}{4}$ Box Turn, $\frac{1}{4}$ Box Turn

1 2            Cross R over L,  $\frac{1}{4}$  Turn R stepping back on L (6:00)  
3 4            Step R forward, Step L beside R  
5 6            Cross R over L,  $\frac{1}{4}$  Turn R stepping back on L (9:00)  
7 8            Step R forward, Step L beside R

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