Don't Give Up

级数: Improver

编舞者: Bob Francis (UK) - January 2015

音乐: Keep Workin' On Me - Johnny Reid : (CD: Dance with Me)

拍数: 32

墙数:4



Intro: 32 counts

S1: WALK FORWARD X 2, ANCHOR STEP, WALK BACK X 2, COASTER CROSS

- 1-2 Walk forward on Right, Walk forward on Left.
- 3&4 Lock Right behind Left, Step forward on Left, Step back on Right.
- 5-6 Walk back on Left, Walk back on Right.
- 7&8 Step back on Left, Step Right next to Left, Cross Left over Right.

S2: SIDE TOGETHER, SHUFFLE QUARTER TURN, KICK AND POINT, UNWIND HALF

- 1-2 Step Right to Right side, Step Left next to Right.
- 3&4 Step Right to Right side, Step Left next to Right, Step Right a guarter turn to right.
- Kick Left foot forward, Step down on Left, Point Right to Right side. Cross Right over Left, 5&6 Unwind half a turn left, keeping weight on Left.

S3: SIDE BEHIND QUARTER, PIVOT HALF STEP, QUARTER BEHIND QUARTER.

- 1-2 Step Right to Right side, Step Left behind Right.
- 3-4 Step Right turning guarter to right, Step forward on Left.
- 5-6 Pivot half turn Right, Step forward on Right, Step Left to left side making quarter turn right.
- 7-8 Step Right behind Left, Step forward on Left making guarter turn left.

S4: HEEL SWITCHES X2, STEP PIVOT QUARTER, FORWARD HIP BUMPS

- 1&2 Dig Right Heel Forward, Step Right next to Left, Dig Left Heel Forward.
- &3-4 Step Left next to Right, Step forward Right, pivot quarter left transferring weight onto Left.
- Step forward on Right bumping Right hip forward, Bump Left hip back, Bump Right hip 5&6 forward.
- 7&8 Step forward on Left bump Left hip forward, bump Right hip back, Bump Left hip forward.

RESTART: WALL 7: AFTER COUNT 24 (FACING 12:00)

For further information contact me robertdfrancis@btconnect.com