

Run Run Run

COPPER KNOB
STEPSHEETS

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Brandi Gross (USA) - November 2014
音乐: Run Run Run - Celeste Buckingham



Intro - 16 counts (When singing starts)

[1-8] R SCISSOR STEP, HOLD, COASTER, HOLD

1 – 4 Step R to R side (1), Step L next to R (2), Cross R over L (3), Hold (4)
5 – 8 Step back on L (5), Step R next to L (6), Step L forward (7), Hold (8)

[9-16] CROSS MAMBO, HOLD, FULL TURN, CROSS, HOLD

1 – 4 Cross rock R right over L (1), Recover (2), Step R to R side prepping right foot out (3), Hold (4)
5 – 6 Step L over R turning ½ R (5), Step R to side turning ½ R (6) (12:00)
7 – 8 Cross L over R (7), Hold (8)

[17-24] L HEEL SWIVEL WITH LOW R KICKS, STEP ¼ R, ½ PIVOT, SCUFF, HOLD

1 – 2 Swivel L heel in as low kick R forward (1), Swivel L toe in as low kick R to R side (2)
3 – 4 Swivel L heel in as low kick R forward (3), Turn ¼ R stepping forward on R (4) (3:00)
5 – 8 Step L forward (5), Pivot ½ R (6), Scuff L heel forward (7), Hold (8) (9:00)

[25-32] L LOCK, STEP, HOLD, PIVOT, HOLD

1 – 4 Step L forward (1), Lock R behind L (2), Step L forward (3), Hold (4)
5 – 8 Step R forward (5), Hold (6), Pivot ½ L (7), Hold (8) (3:00)

[33-40] OUT, OUT (ON TOES), IN, IN, SIDE POINT, SWEEP, CROSS, SIDE, BEHIND, SWEEP TURNING ½

1 & 2 Step R out to R side on ball of foot (1), Step L out to L on ball of foot (&), Step R in (2)
3 – 4 Step L in on ball of foot as point R to R side (3), Sweep R across L (4)
5 – 6 Step R across L (5), Step L to L side (6)
7 – 8 Step R behind L (7), Sweep L from front to back turning ½ L (8) (9:00)

[40-48] SAILOR, HOLD, ROCKING CHAIR

1 – 4 Step L behind R (1), Step R next to L (2), Step L forward (3), Hold (4)
5 – 8 Rock R forward (5), Recover (6), Rock R back (7), Recover onto L (8) (Really move hips 5-8)

[49-56] SHORTY GEORGE, SWEEP, JAZZ BOX

1 – 2 Step R forward bending knees and turning knees to R (1), Step L forward bending knees and turning knees to L (2)
3 – 4 Step R forward bending knees and turning knees to R (3), Sweep L from back to front (4)
5 – 6 Cross L over R (5), Step R back (6)
7 – 8 Step L to L side (7), Step R forward (8)

[57-64] POINT, HOLD, TURN ¼ LEFT, HOLD, FULL TURNING TRIPLE IN PLACE, HOLD

1 – 2 Point L to L side (1), Hold (2)
3 – 4 Rotate L knee while turning ¼ L on ball of R foot (3), Hold (4) (6:00)
5 – 8 Turn a full turn in place over L stepping L-R-L (5-7), Hold (8) (6:00)

TAG: SWEEP, CROSS, UNWIND A FULL TURN

1 – 3 Sweep R from back to front (1,2), Cross R over L (3)
4 – 7 Slow unwind a full turn over L ending with weight on your L (6:00)

OPTIONAL ENDING: DANCE THROUGH COUNT 48, STEP, ½ PIVOT, ¼ POINT

1,2,3 Step R forward (1), Pivot $\frac{1}{2}$ L (2) (3:00), Turn $\frac{1}{4}$ L pointing R to R (3) (12:00)

*** Tag at the end of wall 5**

**** Ending after 48 counts on wall 9.**

Enjoy!

Please do not alter this step sheet in any way.

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