

Cheating Chacha

拍数: 32
编舞者: Barbara Seelt (NL) - January 2015
音乐: Cheating - John Newman

墙数: 2

级数: Improver - Non-Country Chacha



[1-9] FLICK, STEP, LOCK, LOCKSTEP, ROCKSTEP, SWEEP, BEHIND, SIDE, CROSS

1 step LF forward and flick RF behind
2, 3 step RF forward, lock LF behind RF
4&5 step RF forward, lock LF behind RF, step RF forward
6, 7 rock LF forward, recover weight on RF and sweep LF from front to back
8&1 cross LF behind RF, step RF to R, cross LF over RF

[10-16] SIDE ROCK, BEHIND AND CROSS, 1/4 HIP ROLS 2X

2, 3 rock RF to R, recover weight on LF
4& cross RF behind LF, step LF to L
5, 6 step RF forward whilst starting hip rol backward from L to R and turn 1/4 L, close LF next to RF
7, 8 repeat counts 5, 6 (ending facing 06:00)

[17-25] SIDE, ROCK, LOCKSTEP, ROCK, HITCH, COASTERSTEP

1 step RF to R
2, 3 rock LF back, recover weight on RF
4&5 step LF forward, lock RF behind LF, step LF forward
6, 7 rock RF forward, recover weight on LF whilst making a hitch with RF
8&1 step RF behind, step LF next to RF, step RF forward

[26-32] CROSS ROCK, SIDE ROCK, CROSS ROCK, SIDE, CROSS OVER, BEHIND, SIDE

2&3& cross rock LF over RF, recover weight on RF, rock LF to L, recover weight on RF
4&5 cross rock LF over RF, recover weight on RF, step LF to L
6, 7, 8 cross RF over LF, step LF behind, step RF to R

TAG:

[1-4] ROCK FORWARD, ROCK SIDE

1, 2 rock LF forward, recover weight on RF
4, 5 rock LF to L side, recover weight on RF

After 1st wall 2x tag (repeat 4 counts tag twice)

After 2nd wall 1x tag

After 3th wall 2x tag (repeat 4 counts tag twice)

After 4th wall 1x tag

After 5th wall NO tags,

For more information: barbaraseelt@gmail.com