

Feeling Lonesome

COPPER KNOB
BY STEPHEN HETS

拍数: 64 墙数: 4 级数: High Improver
编舞者: Etere Betty George (NZ) - February 2015
音乐: Oh Lonesome Me – Barbie Davidson



Start on vocals

[1-8] □□ Forward, Touch & Clap, Back, Touch & Clap [x2], Stomp [x2]

1-4 Step fwd on L, tap R behind L heel & clap, step back on R, tap L beside R & clap
5-8 Step back on L, tap R beside L & clap, stomp R to right side, stomp L beside R □ [12.00]

[9-16] □□ Side Toe Strut, Cross, ¼ Turn, Side Toe Strut, Stomp [x2]

1-4 Step R toe to right side, drop R heel to floor, cross L over R, turn ¼ left & step R back
5-8 Step L toe to left side, drop L heel to floor, stomp R to right side, stomp L □ [9.00]

[17-24] □□ R Forward, L Forward, Twists [x2]

1-4 Step R fwd, step L fwd, twist heels to left, twist heels back to centre [weight on L]
5-8 Step R fwd, step L fwd, twist heels to left, twist heels back to centre [weight on L] □ [9.00]

[25-32] □□ Cross Toe Strut, ¼ Turn, Side, Cross Toe Strut, ¼ Turn, ¼ Turn

1-4 Cross R toes over L, step down on R, turn ¼ right & step L back, step R to side
5-8 Cross L toes over R, step down on L, turn ¼ left & step R back, turn ¼ left & step L to side
[6.00]

[33-40] □□ Rocking Chair, ¼ Pivot, Cross, Hold

1-4 Rock forward on R, recover on L, rock back on R, recover on L
5-6 Step R fwd, ¼ pivot left, cross R over L, hold □ [3.00]

[41-48] □□ Cross, Hold & Clap [x2] Cross Rock, Side Rock

1-2 Cross L over R, hold & clap
3-4 Cross R over L, hold & clap
5-8 Cross L over R, recover on R, step L to side, recover on R □ □ [3.00]

[49-56] □□ Cross, Side, Behind, ¼ Turn, ¼ Pivot, Forward, Hold

1-4 Cross L over R, step R to side, cross L behind R, turn ¼ right & step R fwd
5-8 Step L fwd, ¼ pivot right, step L fwd, hold □ [9.00]

[57-64] □□ Full Turn Forward, Forward, Scuff, Rocking Chair

1-2 Turn ½ left & step R back, turn ½ left & step L fwd

[Option: Walk fwd R.L.]

3-4 Step R fwd, scuff L fwd
5-8 Step L fwd, recover on R, step L back, recover on R □ [9.00]

ENDING: On Wall 8 – dance up to count 36 [9.00] – then step R fwd & turn ¼ left to face the front.

Contact - Email – eteresnr@gmail.com