

# Hypnotized

拍数: 48      墙数: 2      级数: Phrased  
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音乐: Hypnotize U - N.E.R.D



Intro – 32 counts - Sequence – A,A,B, A,A,B, A,A,A, TAG, A,A, A,A, B

## Pattern A (32 counts)

### A1: Skate x2, right shuffle, skate x2 left shuffle

1,2            skate RF to R diagonal, skate LF to L diagonal  
3&4            step RF to R diagonal, close L next to R, step RF to R diagonal  
5,6            skate LF to L diagonal, skate RF to R diagonal  
7&8            step LF to L diagonal, close R next to L, step LF to L diagonal

### A2: Syncopated jazz box, full spiral turn, out,out,in,in, drag, sweep

1&2            cross RF over L, step LF back diagonal, step RF out to L  
3,4            cross LF over R, full spiral turn R ending with weight on LF  
&5&6            step out R, step out L, bring RF in, close LF next to R  
7,8            step RF forward dragging LF as you step, step LF forward sweeping RF from back to front  
(12.00)

( on the drag forward, roll LF over like you are trying to wipe your shoe laces on the dance floor)

### A3: Rock step, ¾ triple R,L,R, rock recover, back lock step

1,2            cross RF over L, step LF back  
3&4            make a ¾ turn R, stepping R,L,R (9.00)  
5,6            rock LF forward, recover onto R  
&7,8            step LF back diagonal, cross RF over L, step LF back diagonal (facing 10.30)

### A4: Rock recover, walk x2, ball cross step forward, 5/8 turn R

1,2            rock back on RF, recover onto L (facing 10.30)  
3,4            walk R, walk L  
&5,6            step RF to R side, cross LF over right slightly turning upper body to L, step forward RF  
(10.30)  
7&8            make a 5/8 turn R stepping L,R,L (facing new wall 6.00)

## Pattern B (16 counts)

### B1: Swivel x3, slide L, touch, switches x3, flick touch

1,2,3            step RF to R as you swivel heels to R, swivel heels L, swivel heels R (finish with weight on RF)  
4&5            make large step L, touch RF beside L, touch RF to R side  
&6&            close RF next to L, touch LF to L side, close LF next to R  
7&8            touch RF to R side, flick RF behind L, touch RF to R side

### B2: Swivel x3, slide L, jazz box

1,2,3            step RF to R as you swivel heels to R, swivel heels L, swivel heels R (finish with weight on RF)  
4,5            make large step L, cross RF over L  
6,7,8            step LF back, step RF to R side, step LF forward

TAG (32 counts) only happens once

### TS1: Hip bump x 4

1,2            touch R toe to R side pushing hip to R, place weight onto RF

- 3,4 touch L toe to L side pushing hip to L, place weight onto LF
- 5,6 touch R toe forward pushing hip forward, place weight onto RF (6.00)
- 7,8 make  $\frac{1}{2}$  L touch L toe forward pushing hip forward, place weight onto LF (12.00)

**TS2: Cross, back, side, cross, back  $\frac{1}{4}$  turn L,  $\frac{3}{4}$  turn L**

- 1,2,3 cross RF over L, step LF back diagonal, step RF back diagonal
- 4,5,6 cross LF over R, step RF back diagonal,  $\frac{1}{4}$  L stepping LF forward, (9.00)
- 7,8 stepping RF forward make  $\frac{3}{4}$  turn L, place weight onto LF

**TS3: Hip bumps x4**

- 1,2 touch R toe to R side pushing hip to R, place weight onto RF
- 3,4 touch L toe to L side pushing hip to L, place weight onto LF
- 5,6 touch R toe forward pushing hip forward, place weight onto RF (12.00)
- 7,8 make  $\frac{1}{2}$  L touch L toe forward pushing hip forward, place weight onto LF (6.00)

**TS4: Cross, back, side, cross, back, out, pivot  $\frac{1}{2}$  turn L**

- 1,2,3 cross RF over L, step LF back diagonal, step RF back diagonal
- 4,5,6 cross LF over R, step RF back diagonal, step LF to L side
- 7,8 step RF forward, pivot  $\frac{1}{2}$  turn L placing weight onto LF (12.00)

**We hope you enjoy!**

**Last Update - 2nd Feb 2015**

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