

Gotta Run

COPPER KNOB
STEPPERS

拍数: 32 墙数: 4 级数: Improver
编舞者: Caroline Cooper (UK) - January 2015
音乐: Time Is Love - Josh Turner : (3:34)



Intro: 32 counts

Sec 1: □□CROSS, SIDE, SIDE, CROSS, SIDE, SIDE, CROSS ¼ TURN, COASTER STEP

1&2 Cross R over L, Step L to L, step R to R
3&4 Cross L over R, Step R to R, Step L to L
5-6 Cross R over L, ¼ turn R, Stepping back on L
7&8 Step back R, bring L next to R, Step forward R

Sec 2: □□CROSS, BACK, HEEL, & CROSS, BACK, HEEL, & CROSS, SIDE, BEHIND SIDE CROSS

1&2 Cross L over R, Step back R, Tap L heel diagonally forward
&3&4& Step down L, Cross R over L, Step back L, Tap R heel diagonally forward, Step down R
5-6 Cross L over R, Step R to R side
7&8 Cross L behind R, Step R to R side, Cross L over R

Sec 3: □□SIDE ROCK & SIDE ROCK, SAILOR, SAILOR ½ TURN

1-2 Rock R to R side, Recover
&3-4 Bring R next to L, Rock L to L side, Recover
5&6 Sweep L behind R, Step R to R side, Step L to L Side
7&8 ½ Turn R Sweeping R Behind L, Step L to L side, Step R to R

Sec 4: □□WALK FORWARD L & R, BACK LOCK STEP, ¼ TOUCH, ¼ TOUCH

1-2 Walk forward L & R
3&4 Step back L, Lock R in front of L, Step back L
5-6 ¼ R stepping forward R, Touch L next to R
7-8 ¼ L, Stepping forward L, Brush R foot forward and across (ready to start again)

Restart 1: wall 3 (6 o'clock) dance section 2 then Restart facing 9 o'clock

Restart 2: wall 8 (9 o'clock) dance section 2 then Restart facing 12 o'clock

Youtube coolcoopers channel. Facebook Linedancers of Linthorpe (LOL)

Contact - Email: coolcoopers@yahoo.com