

# My My - Kpop

拍数: 64      墙数: 2      级数: Intermediate  
编舞者: Seok Wai (SG) - January 2015  
音乐: My My - Apink



Intro- 32 counts on heavy beat (start dance on main vocals) (Note: see video demo for styling )

\*Special thanks to my teacher ,John Ng for guiding me in choreographing this dance

## S1: WALK R-L-R-L, HIP SWAY R-L-R-L

(Styling:Place both fists under your chin- act cute and have fun )

1-2            Step R forward, step L forward  
3-4            Step R forward, step L forward  
5-8            Sway to R side, sway to L side, Sway to R side, sway to L side

## S2: BACK R-L-R-L, HIP SWAY R-L-R-L

(Styling:Place both fists under your chin- act cute and have fun )

1-2            Step R back, step L back  
3-4            Step R back, step L back  
5-8            Sway to R side, sway to L side, Sway to R side, sway to L side

## S3: R SIDE CHA CHA, BACK ROCK, L SIDE CHA CHA, BACK ROCK

(Styling :1 n 2 : Swing both arms (anti-clockwise),3-4 Throw both arms to R side ,

5 & 6            Swing both arms (clockwise),7-8 : Throw both arms to L side)  
1&2            Step R to R side, step L beside R, step R to R side  
3-4            Rock L behind R, recover on R  
5&6            Step L to L side, step R beside L, step L to L side  
7-8            Rock R behind L, recover on L

## S4: R TOE STRUT, L TOE STRUT, MONTERY ½ R

(Styling : 1234 Snap your fingers)

1-2            Touch R forward, step R down  
3-4            Touch L forward, step L down  
5-6            Point R to R side, ½ turn R step R beside L  
7-8            Point L to L side, step L beside R

## S5: R SIDE ,L BEHIND, ¼ R CHA CHA,L FORWARD , PIVOT ½ L, ¼ L CHA CHA

(Styling : 56 7 & 8 : Both arms up form a 'V' shape )

1-2            Step R to R side, step L behind R  
3&4            ¼ turn R step R forward, step L behind R, step R forward  
5-6            Step L forward, pivot ½ L  
7&8            ¼ turn L step L to L side, step R beside L, step L to L side

## S6: TOUCH R FORWARD, HIP ROLLS, TOUCH L FORWARD, HIP ROLLS,

(Styling :1234: Cross arms - Up , 5678 : Cross arms – Down )

1-4            Touch R forward and roll hips 4 times  
5-8            Touch L forward and roll hips 4 times

## S7: JUMP TO R, BUMP HIPS, JUMP TO L, BUMP HIPS

(Styling : 1-4 : L hand on hip ,R fist draw small circle (anti- clockwise),

5-8            R hand on hip, L fist draw small circle ( clockwise) )  
1-4            Jump to R and bump hips to R 4 times  
5-8            Jump to L and bump hips to L 4 times

**S8: KICKS R-L-R-L, HIP SWAY R-L-R-L**

**(Styling : 5-8 : Cross arms – use hands back rubbing face )**

1&2& Kick R forward, step R beside L, kick L forward, step L beside R

3&4& Kick R forward, step R beside L, kick L forward, step L beside R

5-8 Sway to R side, sway to L side, Sway to R side, sway to L side

**Restarts :-**

**\*On wall 4, Restart dance after 32 counts.\***

**\*\*On wall 5, Restart dance after 40 counts.\***

**\*\*\*On wall 6, Restart dance after 56 counts.\***

**Contact: [tswnkt@yahoo.com.sg](mailto:tswnkt@yahoo.com.sg)**

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