

Peek A Boo (躲貓貓) (zh)

COPPER KNOB
STEPPERS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Maggie Gallagher (UK) - 2010年05月
音乐: Peek-A-Boo - Cosmo4 : (3:01)



前奏 : Intro: 40 Counts (15 secs) Start on vocals

第一段 Step Ball Step Hitch, Step Ball Step Hitch 前踏 後踏 前踏 繞抬, 前踏 後踏 前踏 繞抬

- 1-2 Facing left diagonal step forward on right slightly across left, step back on ball of left foot 面向左斜角右足於左足前交叉踏, 左足後踏
- 3-4 Step forward on right slightly across left, Little ronde hitch left over right 右足於左足前交叉踏, 左足繞到右足前抬
- 5-6 Facing right diagonal step forward on left slightly across right, Step back on right Foot 面向右斜角左足於右足前交叉踏, 右足後踏
- 7-8 Step forward on left slightly across right, Little ronde hitch right over left 左足於右足前交叉踏, 右足繞到左足前抬

第二段 Triple Full Turn L, Hold, Rock Back Side, Hold 三步左轉圈, 候, 後下沉 回復 側踏, 候

- 1-3 Full triple turn on spot to left stepping right left right [12]
三步原地左轉圈-右, 左, 右(面向12點鐘)
- 4 HOLD 候
- 5-7 Cross rock left behind right, Recover forward on to right, Step left to left side 左足於右足後交叉下沉, 右足回復, 左足左踏
- 8 HOLD 候

第三段 Rock Back Recover, Step ½ Turn, Step ¼ Turn, Point Hold 後下沉 回復, 踏 轉, 踏 1/4, 右點 候

- 1-2 Little rock back on right, Recover on left
右足略後下沉, 左足回復
- 3-4 Step forward on right pivot ½ turn left rolling hips (weight on Left) [6] 右足前踏, 左轉臀轉180度(重心在左足)(面向6點鐘)
- 5-6 Step forward on right pivot ¼ turn left rolling hips (weight on Left) [3] 右足前踏, 左轉臀轉90度(重心在左足)(面向3點鐘)
- 7-8 Point right to right side, HOLD
右足右點, 候

第四段 Weave Left, Cross Rock Recover, Step Drag 左藤步, 交叉下沉 回復, 踏 拖併

- 1-2 Cross right over left, step left to left side
右足於左足前交叉踏, 左足左踏
- 3-4 Cross right behind left, step left to left side
右足於左足後交叉踏, 左足左踏
- 5-6 Cross rock right over left, Recover back onto left,
右足於左足前交叉下沉, 左足回復
- 7-8 Big step to right side, drag left to meet right (weight on right)
右足右一大步, 左足拖併(重心在右足)

- 第五段 Back Rock Recover ½ Turn Right, Hold, Back Rock Recover Forward, Hold 後下沉 回復 右轉, 候, 後下沉 回復 前踏, 候**
- 1-2 Rock back on left, Recover on right
左足後下沉, 右足回復
- 3-4 ½ turn right stepping back on left, HOLD [9]
右轉180度左足後踏, 候(面向9點鐘)
- 5-6 Rock back on right, Recover on left (emphasise hips)
右足後下沉, 左足回復(強調擺動臀部)
- 7-8 step forward on right, HOLD
右足前踏, 候
- 第六段 Side Rock Cross, Side Rock Cross, Point Touch 左下沉 回復 交叉, 右下沉 回復 交叉, 左點 併點**
- 1-3 Rock to left side, Recover right to right side, Cross left over right (travelling forward)
左足左下沉, 右足右回復, 左足於右足前交叉踏(向前移)
- 4-6 Rock right to right side, rock left to left side, cross right over left (travelling forward)
右足右下沉, 左足左下沉, 右足於左足前交叉踏(向前移)
- 7-8 Point left to left side, touch left next to right
左足左點, 左足併點
- 第七段 Point Touch, Bump L Hold, Bump R, L, R, Hold 左點 併點, 推臀 候, 推臀-右, 左, 右, 候**
- 1-2 Point left to left side, touch left next to right
左足左點, 左足併點
- 3-4 Bump on to left foot as right knee pops forward, HOLD
左推臀右膝前彈, 候
- 5-6 Bump on to right as left knee pops forward, Bump on to left as right knee pops forward
右推臀左膝前彈, 左推臀右膝前彈
- 7-8 Bump on right as left knee pops forward, HOLD
右推臀左膝前彈, 候
- 第八段 Run Back L R L R, Left Coaster, Right Flick 後跑-左, 右, 左, 右, 海岸步, 右抬**
- 1-2 Step back on left, step back on right,
左足後踏, 右足後踏
- 3-4 Step back on left, step back on right
左足後踏, 右足後踏
- 5-7 Step back on left, step right next to left, step forward on left,
左足後踏, 右足併踏, 左足前踏
- 8 Flick right foot up at the back 右足後抬
-