

Lipz

拍数: 64 墙数: 2 级数: Intermediate
编舞者: Maggie Gallagher (UK), Gary O'Reilly (IRE) & Helen O'Malley (IRE) - January 2015
音乐: Lips Are Movin - Meghan Trainor



Intro: 32 counts (14secs)

S1: CROSS, ¼, ¼, POINT, ¼, SWEEP, CROSS, HITCH

1-2 Cross left over right, ¼ left stepping back on right [9:00]
3-4 ¼ left stepping left to left side, Point right toe to right side [6:00]
5-6 ¼ right stepping forward on right, Ronde sweep left from back to front [9:00]
7-8 Cross left over right, Ronde hitch right knee across left

S2: CROSS, ¼, BACK, TOUCH, BUMP, BUMP, BUMP, SWIVEL

1-2 Cross right over left, ¼ right stepping back on left [12:00]
3-4 Step back on right, Point left toe touching forward
5-6 Bump forward on left, Bump back on right
7-8 Bump forward on left, Swivel heels ½ turn right (weight onto right) [6:00]

S3: STEP, ½, CROSS, HOLD, SIDE, HOLD, TOGETHER, SIDE, TOUCH

1-2 Step forward left, ½ pivot right [12:00]
3-4 Cross left over right, HOLD
5-6 Step right to right side, HOLD
&7-8 Step left next to right, Step right to right side, Touch left next to right

S4: CHASSE L, ROCK BACK, ROLLING VINE, CROSS

1&2 Step left to left side, Step right next to left, Step left to left side
3-4 Rock back on right, Recover on left
5-6 ¼ right stepping forward on right, ½ right stepping back on left
7-8 ¼ right stepping right to right side, Cross left over right [12:00] *Restart Wall 3& 6

S5: WALK, TOUCH, BACK, HITCH, BUMP, BUMP, BUMP, HITCH

1-2 Step forward on right, Touch left next to right
3-4 Step back on left, Hitch right
5-6 Step back on right bumping back on right, Bump forward on left
7-8 Bump back on right, Recover onto left hitching right

S6: ½, BUMP, BUMP, BUMP, STEP, ½, STEP, ½

1-2 Turn ½ left stepping back on right bumping back on right, Bump forward on left [6:00]
3-4 Bump back on right, Bump forward on left
5-6 Step forward right, ½ pivot left [12:00]
7-8 Step forward right, ½ pivot left [6:00]

S7: OUT OUT, HOLD, TOGETHER CROSS, HOLD, STEP TOUCH HOLD, STEP TOUCH STEP TOUCH

&1-2 Step out right to right side, Step out left to left side, HOLD
&3-4 Step right next to left, Cross left over right, HOLD
&5-6 Step forward on right to slight right diagonal, Touch left next to right angling body to slight left diagonal, HOLD
&7 Step forward on left still on slight left diagonal, Touch right next to left straightening up to 6:00
&8 Step forward on right, Touch left next to right

S8: FWD ROCK, ½ SHUFFLE L, STEP, ½, STEP, SWEEP

1-2 Rock forward on left, Recover onto right
3&4 ¼ left stepping left to left side, Step right next to left, ¼ left stepping forward on left [12:00]
5-6 Step forward right, ½ pivot left [6:00]
7-8 Step forward right, Sweep left from back to front

***RESTARTS: Wall 3 & 6 (facing 12:00)**

After 32 counts step right to right side on an extra & count before restarting the dance from count 1

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