

Boogie Woogie Rock N Roll

COPPER KNOB
BY STEPHEN HETS

拍数: 64 墙数: 2 级数: Easy Improver
编舞者: Sue Smyth (UK) - January 2015
音乐: Boogie Woogie Fiddle Country Blues - The Charlie Daniels Band



No Tags Or Restarts - Woo Hoo - Have Fun,

#16 count intro from heavy beat

S1: WALK FWD RIGHT LEFT,SHUFFLE FWD RIGHT, TOG, RIGHT, WALK FWD L R, LEFT SHUFFLE FWD

1-2 walk R L
3&4 right shuffle fwd
5-6 walk L R
7&8 left shuffle fwd

S2: SIDE ROCK CROSS SHUFFLE, SIDE ROCK CROSS SHUFFLE

1-2 rock right to right side, rec on left
3&4 cross right over left, step L to L side, cross R over L
5-6 rock left to left side, rec on right
7&8 cross left over R,step R to R side, cross L over R

S3: WALK BACK TOUCH AND CLAP X4

1-4 step back on right, touch left beside right and clap, step back on left, touch right beside left and clap
5-8 step back on right touch left beside right and clap, step back on left touch right beside left and clap

S4 – S5: RIGHT VINE,TWIST HEELS,LEFT VINE TWIST HEELS

1-4 step R to right side, step left behind right, step R to R side, step left beside right
5-8 twist heels L R L R

1-4 step left to left side, step R behind left, step left to left side, step right beside left
5-8 twist heels R L R L

S6: RIGHT VINE WITH ½ TURN RIGHT SCUFF, LEFT VINE TOUCH

1-3 step right to right side, step left behind right, make ¼ turn R stepping on R,
4-8 scuff left foot, and make another ¼ turn right, stepping on left - step right behind L, step L to L side, touch R beside L

S7: SHIMMYS RIGHT,SIDE HOLD,TOGETHER HOLD, SIDE HOLD , TOGETHER HOLD

1-4 step R to R side, ,hold for 1 count, left beside right, hold for 1 count on count 3-4 straighten up
5-8 step R to R side, hold for 1 count, step left beside right, hold for 1 count on count 3-4 straighten up

Shimmys are done from count 1&2&3&4&5&6&7&8 as you go to side bend knees slightly (black coffee shimmys)

S8: RHUMBA BOX BACK

1-4 step R to R side, step L beside R, step back on R, touch L beside R
5-8 step L to L side, step R beside L, step fwd on L, touch or scuff R beside

Contact: boogiesas@yahoo.co.uk

