

# Purest Pain

拍数: 32      墙数: 4      级数: Beginner  
编舞者: Micaela Svensson Erlandsson (SWE) - January 2015  
音乐: Purest Of Pain - Son By Four



**\*\* Dedicated to my lovely daughter Joana Lammers \*\***

**Alternative music: A Puro Dolor (Bachata) by Son By Four**

**Section 1: Slow Chasse right. Touch. Slow Chasse left. Touch.**

- 1-4            Step right to right side. Close left beside right. Step right to right side. Touch left toe diagonally forward.
- 5-8            Step left to left side. Close right beside left. Step left to left side. Touch right toe diagonally forward.

**Section 2: Right Rumba box forward.**

- 1-4            Step right to right side. Step left beside right. Step forward on right. Touch left beside right.
- 5-8            Step left to left side. Step right beside left. Step left back. Hold.

**Section 3: Slow Coaster step right. Hold. Slow Lock forward left. Hold.**

- 1-4            Step back right. Step left beside right. Step forward right.
- 5-8            Step forward left. Lock right behind left. Step forward left.

**Section 4: Step. Turn 1/4 left. Cross. Hold. Side behind side. Touch.**

- 1-4            Step forward on right. Turn 1/4 left. Cross rightover left. Hold.
- 5-8            Step left to left side. Cross right behind left. Step left to left side. Touch right beside left

**Ending: At the end of the music, facing wall 6, simply turn 1/2 left, after the Slow lock forward left, to face front wall.**

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