Bounce With Me



编舞者: Agnethe Hansen (DK) - January 2015 音乐: Bounce With Me - Kreesha Turner



Intro: Start after 16 count on heavy beat

| Walk – Walk – Rocking chair – Walk – Walk – Rocking chair | | |
|---|---|--|
| 1 – 2 | Walk forward on right foot, Walk forward on left foot | |
| 3& - 4& | Rock forward on right foot and recover on left, Rock back on right foot and recover on left | |
| 5 – 6 | Walk forward on right foot, Walk forward on left foot | |
| 7& - 8& | Rock forward on right foot and recover on left, Rock back on right foot and recover on left | |

| Side – Cross – Chasse – Cross Rock – ¼ turn left shuffle | | |
|--|---|--|
| 1 – 2 | Step right to right side, Cross left over right | |
| 3 & 4 | Step right foot to right side, Close left foot beside right foot, Step right foot to right side | |
| 5 – 6 | Cross Rock forward on right foot and recover on left | |
| 7 & 8 | 1/4 turn left stepping left foot forward, close right foot beside and step left foot forward | |

Charleston steps

| 1 – 2 | Sweep right food in front and tap right toe forward, Sweep right foot back in place |
|-------|---|
| 3 – 4 | Sweep left foot bag and tap left toe bag, Sweep left foot forward in place |
| 5 – 6 | Sweep right food in front and tap right toe forward, Sweep right foot back in place |
| 7 – 8 | Sweep left foot bag and tap left toe bag, Sweep left foot forward in place |

Step diagonally forward – Bounce x 2 – 1/4 Turn Step left – Bounce x 2

| 1 – 2 | Step slightly diagonally forward on right, step left beside right |
|-------|---|
| 3 – 4 | Bounce both heels twice (weight on right) |
| 5 – 6 | 1/4 turn step to left side, step right beside left (6.00) |
| 7 – 8 | Bounce both heels twice (weight on left) |

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