

Free To Fly

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Ippey (INA) - November 2014
音乐: Free to Fly (feat. Mike Viprino) - Meghan Trainor



START ON VOCAL

I. SIDE TOGETHER – CROSS – SIDE – SAILOR COASTER STEP ¼ TURN – ROCK FORWARD – TURN ½ R BESIDE

1-2 Step L to L side (1), close R beside L (2)
&3 Cross L over R (&) step R to R side (4)
4&5 Turn ¼ L step L back (4) step R beside L (&) step L forward (5)
6-7 Rock R forward (&) recover on L (7)
8& Turn ½ R stepping R forward (8), step L beside R (&) (03.00)

II. FORWARD – SIDE – BESIDE – FORWARD – SIDE – CLOSE – SIDE – ROCK – FORWARD - REC - TURN ¼ L

1-2 Step R forward (1), step L to L side (2)
&3 Step R beside L (&), step L forward (3)
4&5 Step R to R side (4), close L beside R (&) step R to R side (5)
6-7 Rock L forward (6) recover on L (7)
8& Turn ¼ stepping L side (8), step R beside L (&) (12.00)

III. SIDE – CROSS ROCK – CHASE – CROSS ROCK – SIDE – BESIDE

1-2 Step L to L side (1), cross rock R over L (2)
3-4 Recover on L (3) step R to R side (4)
&5 Close L beside R (&) step R to R side (5)
6-7 Cross L to L side (6) recover on R (7)
8& Step L to L side (8) close R beside L (&) (12.00)

(*) RESTART 1 HERE

IV. TURN ¼ - ROLING VINE – FORWARD SHUFFLE – ROCKING CHAIR

1-2 Turn ¼ L stepping L forward (1) turn ½ L stepping R back (2)
3-4 Turn ½ L stepping L forward (3) step R forward (4)

(**) RESTART 2 HERE

&5 Step L beside R (&) step R forward (5)
6-7 Rock L forward (6) recover on R (7)
8& Recovery onto L (&) step R beside L (8)

RESTARTS: -

*1. On Wall 2 After Count 24

**2. On Wall 8 After Count 28

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