

# Paso Doble Pulse

拍数: 80      墙数: 1      级数: Intermediate  
编舞者: Lynda Summers (CAN) - December 2014  
音乐: Espana Cani by Manequina



## Sec 1. [1-8] SMALL STEPS (right side), MAMBO (fwd)

1,2            Small step R to right side, step L beside R.  
3-6            Repeat counts 1,2 two more times.  
7&8            Rock step R forward, recover back onto L, step R beside L.

## Sec 2. [9-16] SMALL STEPS (left side), MAMBO (fwd)

1,2            Small step L to left side, step R beside L.  
3-6            Repeat counts 1,2 two more times.  
7&8            Rock step L forward, recover back onto R, step L beside R.

\* wall 2: add 2 steps here

## Sec 3. [17-24] LUNGE, HOLD, DRAG (2 counts)

1,2            Lunge R diagonally right forward, hold.  
3,4            Drag R to L, step R beside L.

## BACK, LOCK, BACK, LOCK (touch) (all on back left diagonal)

5,6            Step L back, lock R across L  
7,8            Step L back, lock touch R in front of L.

## Sec 4. [25-32] STOMP, HOLD, STOMP, HOLD

1,2            Stomp R big step out to right side, hold.  
3,4            Stomp L beside R (weight on R), hold.

## FWD, LOCK, FWD, LOCK (touch) (all on fwd left diagonal)

5,6            Step L forward, lock R behind L.  
7,8            Step L forward, lock tap R behind L.

\* wall 1: add rocking chair here

\* wall 2: add 8 count tag here

## Sec 5. [33-40] FWD, TAP (behind twice), BACK, TAP (fwd)

1,2&            Step R forward, tap L toe twice behind R heel.  
3,4            Step L back, tap R toe in front of L.

## FWD (1/4 right), SIDE(left), BACK(1/4 right), TOUCH

5,6            Step R forward turning 1/4 right, step L beside R. (3:00)  
7,8            Step R back turning 1/4 right, touch L beside R. (6:00)

## Sec 6. [41-48] FWD, TAP (behind twice), BACK, TAP (fwd)

1,2&            Step L forward, tap R toe twice behind L heel.  
3,4            Step R back, tap L toe in front of R.

## FWD (1/4 left), SIDE (right), BACK (1/4 left), TOUCH

5,6            Step L forward turning 1/4 left, step R beside L. (6:00)  
7,8            Step L back turning 1/4 left, Touch R beside L. (12:00)

## Sec 7. [49-56] FWD, SWEEP (fwd), FWD, SWEEP (fwd)

1,2            Step R forward, sweep L forward.  
3,4            Step L forward, sweep R forward.

## LOCK, BACK, LOCK, BACK

5,6            Cross step R over L, step L back.  
7,8            Cross step R over L, step L back.

\* wall 2 ends here

**Sec 8. [57-64]**

**FWD, SWEEP (FWD), FWD, SWEEP (fwd)**

**LOCK, BACK, LOCK, BACK**

1-8 Repeat Sec 7 (49-56).

**Sec 9. [64-72] FWD, PIVOT (1/2 right)(with 3 toe touches)**

1 Step R forward turning 1/4 right (3:00)

2-4 Complete 1/2 right turn pivoting on R and touching L toe out to side 3 times (6:00)

**FWD, POINT (right), BACK, POINT(left)**

5,6 Step L forward, touch R toe to fwd right diagonal.

7,8 Step R back, touch L toe to back left diagonal.

**Sec 10. [73-80] FWD, PIVOT 1/2 left)(with 3 toe touches)**

1 Step L forward turning 1/4 left (3:00)

2-4 Complete 1/2 left turn pivoting on L and touching R toe out to side 3 times (12:00)

**FWD, POINT (left), BACK, POINT (right)**

5,6 Step R forward, touch L toe to left diagonal.

7,8 Step L back, touch R toe to back right diagonal.

**(Two stomps, raise right arm)(walls 1&2) & START DANCE AGAIN**

**TAGS, RESTARTS**

**WALL 1**

**(a)At end of Sec 4, insert a forward rocking chair.**

**(b)End of wall 1, add 2 stomps(R,L), right arm up with a twist.**

**WALL 2**

**(a) Do Sec1 and Sec2 ; then, insert 2 steps(L,R) side by side.**

**(b) Do Sec3 and Sec4:then insert the tag::**

1,2 Step R forward, step L beside R

3,4 Step R back, touch L toe to back left diagonal.

5,6 Step L forward, step R beside L.

7,8 Step L back, touch R toe to back right diagonal..

**(c) Do Sec5 , Sec6 , Sec7, only ;then add 2 stomps(R,L) with right hand up.**

**WALL 3**

**Do wall 3, complete from Sec 1 to Sec 10.**

**ENDING: Take 4 steps(R,L,R,L) in a tight complete circle to the right.**

**Then stomp R beside L, raising right arm up with a twist.**

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