

Pii Pii (寶貝.寶貝) (zh)

COPPER KNOB
STYLEDANCE

拍数: 64 墙数: 2 级数: Improver
编舞者: Niels Poulsen (DK) - 2009年10月
音乐: Pii Pii - Marlaw



前奏 : Intro: 16 counts from first beat in music (app. 10 seconds into track). Start with weight on L foot

第一段 R Mambo Step, L Coaster Cross, R Side Rock Cross, ¼ R ¼ R Cross
前曼波, 海岸交叉, 側下沉交叉, 右1/4, 右1/4 交叉

1&2 Rock R fw (1), recover on L (&), step back on R (2) [12:00]
前曼波 右足前下沉, 左足回復, 右足後踏(面向12點鐘)

3&4 Step back on L (3), bring R next to L (&), cross L over R (4) [12:00]
海岸交叉 左足後踏, 右足併踏, 左足於右足前交叉踏(面向12點鐘)

5&6 Rock R to R side (5), recover weight to L (&), cross R over L (6) [12:00]
曼波交叉 右足右下沉, 左足回復, 右足於左足前交叉踏(面向12點鐘)

7&8 Turn ¼ R stepping back on L (7), turn ¼ R stepping R to R side (&), cross L over R (8) [6:00]
右90 90 交叉 右轉90度左足後踏, 右轉90度右足右踏, 左足於右足前交叉踏(面向6點鐘)

第二段 R Side Rock Cross, L Side Rock Cross, ¼ L ¼ L Cross, L Side Rock Cross 右側下沉交叉, 左側下沉交叉, 左1/4左1/4交叉, 左側下沉交叉

1&2 Rock R to R side (1), recover weight to L (&), cross R over L (2) [6:00]
曼波交叉 右足右下沉, 左足回復, 右足於左足前交叉踏(面向6點鐘)

3&4 Rock L to L side (3), recover weight to R (&), cross L over R (4) [6:00]
曼波交叉 左足左下沉, 右足回復, 左足於右足前交叉踏(面向6點鐘)

5&6 Turn ¼ L stepping back on R (5), turn ¼ L stepping L to L side (&), cross R over L (6) [12:00]
左90 90 交叉 左轉90度右足後踏, 左轉90度左足左踏, 右足於左足前交叉踏(面向12點鐘)

7&8 Rock L to L side (7), recover weight to R (&), cross L over R (8) [12:00]
曼波交叉 左足左下沉, 右足回復, 左足於右足前交叉踏(面向12點鐘)

第三段 Side R, L Back Rock, Side L, R Back Rock, Full R Volta Turn
右側, 左後下沉, 左側, 右後下沉, 右分次轉圈

1&2 Step R to R side (1), rock back on L (&), recover weight to R (2) [12:00]
右後下沉 回復 右足右踏, 左足後下沉, 右足回復(面向12點鐘)

3&4 Step L to L side (3), rock back on R (&), recover weight to L (4) [12:00]
左後下沉 回復 左足左踏, 右足後下沉, 左足回復(面向12點鐘)

5&6& Turn ¼ R crossing R in front of L (5), turn ¼ R stepping L to L side (&), cross R in front of L (6), turn ¼ R stepping L to L side (&) 右轉90度右足於左足前交叉踏, 右轉90度左足左踏, 右足於左足前交叉踏, 右轉90度左足左踏

7&8 Cross R in front of L (7), turn ¼ R stepping L to L side (&), cross R in front of L (8) [12:00]
交叉 90 交叉 右足於左足前交叉踏, 右轉90度左足左踏, 右足於左足前交叉踏(面向12點鐘)

5-8 Styling for counts 5-8: keep thighs together turning on the spot [9:00]
交叉走步 轉圈 5-8拍: 當轉動時雙腿夾緊

第四段 Side L, R Back Rock, Side R, L Back Rock, Full L Volta Turn
左側, 右後下沉, 右側, 左後下沉, 左分次轉圈

- 1&2 Step L to L side (1), rock back on R (&), recover weight to L (2) [12:00]
左後下沉 左足左踏, 右足後下沉, 左足回復(面向12點鐘)
回復
- 3&4 Step R to R side (3), rock back on L (&), recover weight to R (4) [12:00]
右後下沉 右足右踏, 左足後下沉, 右足回復(面向12點鐘)
回復
- 5&6& Turn ¼ L crossing L in front of R (5), turn ¼ L stepping R to R side (&), cross L in front of R (6), turn ¼
左90 90 L stepping R to R side (&) 左轉90度左足於右足前交叉踏, 左轉90度右足右踏, 左足於右足前交叉踏, 左
交叉 90 轉90度右足右踏
- 7&8 Cross L in front of R (7), turn ¼ L stepping R to R side (&), step L a small step fw (8) [12:00]
交叉 90 踏 左足於右足前交叉踏, 左轉90度右足右踏, 左足略前踏(面向12點鐘)
- 5-8 Styling for counts 5-8: keep thighs together turning on the spot [3:00] 5-8拍:當轉動時雙腿夾緊
交叉走步
轉圈

第五段 R Bota Foga, L Bota Foga, R Diagonal Kick Ball Change X2
右森巴, 左森巴, 右斜前踢交換步二次

- 1&2 Cross R over L towards 10:30 (1), turn ¼ R rocking L to L side (&), recover weight to R (2) [1:30]
右森巴 右足於左足前面向10:30交叉踏, 右轉90度左足左下沉, 右足回復(面向1:30)
- 3&4 Cross L over R towards 1:30 (3), turn ¼ L rocking R to R side (&), recover weight to L (4) [10:30]
左森巴 左足於右足前面向1:30交叉踏, 左轉90度右足右下沉, 左足回復(面向10:30)
- 5&6 Kick R to L diagonal (5), step R to R side squaring up to 12:00 (&), step L fw (6) [12:00] 右足左斜前踢,
KBC 右足右踏, 左足前踏(面向12點鐘)
- 7&8 Kick R to L diagonal (7), step R a small step to R side (&), step L fw (8) [12:00] 右足左斜前踢, 右足略右
KBC 踏, 左足前踏(面向12點鐘)

第六段 Cross Rock Side, Cross Turn Side X2 交叉下沉側踏, 交叉轉側踏二次

- 1&2 Cross rock R over L (1), recover weight to L foot (&), step R to R side (2) [12:00] 右足於左足前交叉下
交叉曼波 沉, 左足回復, 右足右踏(面向12點鐘)
- 3&4 Cross L over R (3), turn ¼ L stepping back on R (&), step L to L side (4) [9:00]
交叉左90 左足於右足前交叉踏, 左轉90度右足後踏, 左足左踏(面向9點鐘)
左
- 5&6 Cross rock R over L (5), recover weight to L foot (&), step R to R side (6) [9:00] 右足於左足前交叉下沉,
交叉曼波 左足回復, 右足右踏(面向9點鐘)
- 7&8 Cross L over R (7), turn ¼ L stepping back on R (&), step L to L side (8) [6:00]
交叉左90 左足於右足前交叉踏, 左轉90度右足後踏, 左足左踏(面向6點鐘)
左

***RESTART:** DURING 2nd wall, AFTER 48 counts, facing [12:00]
第二面牆跳至此面向12點鐘, 從頭起跳

**第七段 Touch & Touch & Touch & Touch, ¼ L With Point R, ¼ R With L Flick, L Step Lock Step 點收點收點收
點收, 左1/4右點, 右1/4左抬, 前鎖步**

- 1&2&3& Touch R toe slightly fw (1), step back on R (&), touch L toe slightly fw (2), step back on L (&), Touch R
點收點收 點收 toe slightly fw (3), step back on R (&) [6:00]
點收 右足趾略前點, 右足後踏, 左足趾略前點, 左足後踏, 右足趾略前點, 右足後踏, (面向6點鐘)
- 4 touch L toe slightly fw (4), Turn ¼ L stepping L to L side (&)
點 左90 左足趾略前點, 左轉90度左足左踏 (面向9點鐘)
- &5-6 point R to R side (5), turn ¼ R onto R flicking L foot back (6) [6:00]
點右90踏 右足右點, 右轉90度右足踏左足後抬(面向6點鐘)
抬
- 7&8 Step fw on L (7), lock R behind L (&), step fw on L (8) [6:00]
前鎖步 左足前踏, 右足於左足後鎖踏, 左足前踏(面向6點鐘)

第八段 R Mambo Fw, L Mambo Back, R Run Run Run Kick, L Run Run Run Kick
前曼波, 後曼波, 跑跑跑踢, 跑跑跑踢

1&2前曼
波 Rock fw on R (1), recover weight to L (&), step back on R (2) [6:00]
右足前下沉, 左足回復, 右足後踏(面向6點鐘)

3&4後曼
波 Step back on L (3), recover weight to R (&), step fw on L (4) [6:00]
左足後踏, 右足回復, 左足前踏(面向6點鐘)

5&6&
跑跑跑踢 Run fw R (5), run fw L (&), run fw R (6), make a small kick fw with L foot (&) [6:00] 右足前跑, 左足前跑,
右足前跑, 左足前踢(面向6點鐘)

7&8&
跑跑跑踢 Run fw L (7), run fw R (&), run fw L (8), make a small kick fw with R foot (&) [6:00]左足前跑, 右足前跑,
左足前跑, 右足略前踢(面向6點鐘)

ENDING: To end facing 12:00: complete 7th wall, face 6:00. Don't do the last &-count, then turn ½ R 結束 : 第七面
牆面向6點鐘, 最後換成右轉180度面向12點鐘

Note: To add the samba feel to the dance try to dance all the &-counts on the A-beat (except section 7). This
means that you delay the &-count slightly so the beat is: 1..a2, 3..a4, etc 試著將所有&拍有個a拍(除了第七段), 也就
是讓節拍是 1&a2 3&a4.....
